



# AUKOKA DANCE ARTS



## YOUTH RECREATIONAL DANCE WINTER SCHEDULE - 2024



Location	Class Name	Day	Session Dates	Times
Meadowood: Gym/Marley Studio	Pre Hip Hop – Ms. Maggie - 75935	Mondays	Jan. 22-March 11 (No class Feb. 19) (7 weeks)	4-4:45 p.m.
Meadowood: Room 4 Studio	Beg Ballet – Ms. Leanne - 75936	Mondays	Jan. 22-March 11 (No class Feb. 19) (7 weeks)	6:35-7:35 p.m.
Beck Rec Center: Fitness Studio	Pre Ballet – Ms. Maggie - 75939	Tuesdays	Jan. 2-Feb 27 (No class Jan. 9) (8 weeks)	4-4:45 p.m.
Meadowood: Gym/Marley Studio	Tippy Toes/Tumble – Ms. Maggie - 75937	Fridays	Jan. 5-March 1 (No class Jan. 12) (8 weeks)	9-10 a.m.
Meadowood: Gym/Marley Studio	Pre Ballet/Tumble – Ms. Maggie - 75940	Fridays	Jan. 5-March 1 (No class Jan. 12) (8 weeks)	10-11 a.m.
Meadowood: Room 4 Studio	Beg Hip Hop – Ms. Maggie - 75941	Fridays	Jan. 5-March 1 (No class Jan. 12) (8 weeks)	5:15-6:15 p.m.
Meadowood: Gym/Marley Studio	Beg Acro/Tumble – Ms. Alyssa - 76256	Fridays	Jan. 5-Feb. 23 (8 weeks)	6:15-7:15 p.m.
Meadowood: Room 4 Studio	Pre Ballet – Ms. Lyla - 75942	Saturdays	Jan. 6-Feb. 24 (8 weeks)	11:15 a.m.-12 p.m.
Central Rec: Mesa Verde Studio	Tippy Toes – Ms. Kate - 75944	Saturdays	Jan. 6-Feb. 24 (8 weeks)	11:30 a.m.-12:15 p.m.
Central Rec: Mesa Verde Studio	Beg Ballet – Ms. Kate - 75945	Saturdays	Jan. 6-Feb. 24 (8 weeks)	12:15-1:15 p.m.
Central Rec: Mesa Verde Studio	Pre Ballet – Ms. Kate - 75943	Sundays	Jan. 7-Feb. 25 (8 weeks)	11-11:45 a.m.



# AURORA DANCE ARTS

## ADULT RECREATIONAL DANCE

### WINTER SCHEDULE - 2024



Location	Class Name	Day	Session Dates	Times
Meadowood: Room 4 Studio	Adult Int/Adv Tap – Ms. Maggie - 75952	Mondays	Jan. 22-March 11 (No class Feb. 19) (7 weeks)	7:45-8:45 p.m.
Central Rec: Rocky Mountain	Adult Contemporary – Ms. Maggie - 75948	Tuesdays	Jan. 2-Feb 27 (No class Jan. 9) (8 weeks)	7-8:30 p.m.
Meadowood: Gym/Marley Studio	Adult Beg Ballet – Ms. Dayna - 75946	Wednesdays	Jan. 3-Feb. 28 (No class Feb. 14) (8 weeks)	7:45-9 p.m.
Meadowood: Room 4	Adult Beg Tap – Ms. Risa - 75951	Thursdays	Jan. 4-Feb 29 (9 weeks)	7:30-8:30 p.m.
Central Rec: Rocky Mountain	Adult Jazz – Ms. Maggie - 75949	Thursdays	Jan. 4-Feb 29 (No Class Jan. 11) (8 weeks)	7-8:30 p.m.
Meadowood: Gym/Marley Studio	Adult Int/Adv Ballet – Ms. Michelle - <b>75947</b>	Saturdays	Jan. 6-Feb. 24 (8 weeks)	8:30-10 a.m.

**Please see next pages for age specifications, class descriptions & pricing for Fall Youth & Adult Dance Classes!**



# AURORA DANCE ARTS

## CLASS PRICING, STYLES & LEVELS

**Tippy Toes** – This class is intended for Age 3 & includes an introduction to ballet, creative movement & play.

**Tippy Toes/Tumble** – This class is intended for ages 3 & includes an introduction to ballet & creative movement along with rolling & bouncing on basic gymnastics equipment.

**Pre Ballet** – This class is intended for Ages 4-6 & includes an introduction to ballet technique & terminology & creative movement.

**Pre Ballet/Tumble** – This class is intended for ages 4-6 & includes an introduction to ballet technique & terminology, movement play & tumble basics on gymnastics floor, mats & trampolines.

**Pre Hip Hop** – This class is intended for Ages 4-6 & includes an introduction to hip hop skills & choreography.

**Beg Ballet** – This class is intended for Ages 7-10 & includes an introduction to basic ballet positions, technique & terminology.

**Beg Hip Hop** – This class is intended for Ages 7-10 & includes an introduction to popping/locking, tutting, breaking & choreography.

**Beg Acro/Tumble** – This class is intended for ages 7-12 & includes an introduction to acrobatic skills & tumble basics on gymnastics floor, mats & trampolines.

**Adult Contemporary** - This class is intended for adults, ages 18+ & class content includes qualities from the techniques of ballet, jazz & modern dance. Promotes expression & creativity through grounded, free-flowing, lyrical movement. Class is taught at a baseline intermediate level, with modifications provided for both beginning or advanced dancers.

**Adult Jazz** - This class is intended for adults, ages 18+ & class content includes elements such as isolations & grounded technique in center, stretching & conditioning, dynamic jumping & turning techniques across the floor & a center combination. This class is high energy, keeps you active & is tons of fun! Class is taught at a baseline intermediate level, with modifications provided for both beginning and advanced dancers.

**Adult Beg Ballet** - This class is intended for adults, ages 18+ & class content includes an introduction to technique & terminology for adult students who are new to ballet. Class content focuses on fundamentals of barre work, combinations in the center & across the floor.

**Adult Int/Adv Ballet** - Challenging level of instruction, which includes more advanced technique & terminology & challenging barre work, combinations in the center & across the floor. Emphasis on epaulement, transitions between steps, flexibility & strength included in this level. Multiple sessions of Adult Beg Ballet or prior ballet experience are highly advised for this level.

**Adult Beg Tap** - This class is intended for adults, ages 18+ & class content introduces beginning tap steps & rhythms including a warmup, center work, across the floor & tap dance combinations. Tap shoes required for participation.

**Adult Int/Adv Tap** - This class is intended for adults, ages 18+ & class content includes intermediate/advanced level of instruction. Students focus on development of tap steps that include more challenging coordination & complex rhythms/musicality. Multiple sessions of Adult Beg Tap or prior tap experience are highly advised for this level. Tap shoes required for participation.

# PRICING:

- ❖ 45-MINUTE, 7-WEEK CLASS - \$63/RES, \$79/NON-RES
  - ❖ 1-HOUR, 7-WEEK CLASS - \$77/RES, \$96/NON-RES
  - ❖ 1.5-HOUR, 7-WEEK CLASS - \$91/RES, \$114/NON-RES
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- ❖ 45-MINUTE, 8-WEEK CLASS - \$72/RES, \$90/NON-RES
  - ❖ 1-HOUR, 8-WEEK CLASS - \$88/RES, \$110/NON-RES
  - ❖ 1.5-HOUR, 8-WEEK CLASS - \$104/RES, \$130/NON-RES
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- ❖ 1-HOUR, 9-WEEK CLASS - \$99/RES, \$124/NON-RES

**\*RES INDICATES RESIDENT PRICING**

**\*\*NON-RES INDICATES NON-RESIDENT PRICING**

Please also see our Dress Code Information at [AuroraGov.org/Dance](http://AuroraGov.org/Dance).  
If you have any questions about shoes or attire for any of our dance classes, please e-mail [dance@auroragov.org](mailto:dance@auroragov.org) or call the Dance Office at 303.326.8308

