

**Board of Chosen Freeholders**

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Freeholders Encourage Volunteers To Join Meals On Wheels, Vital Program During The Public Health Emergency

Did you know that Hunterdon County's Meals on Wheels delivers warm, nutritious meals to seniors and homebound neighbors up to five days per week, often including bagged lunches for the weekends? During the current public health emergency, Hunterdon County's Meals on Wheels program is more important than ever.

Hunterdon County Freeholder Board Deputy Director and Human Services Liaison Susan J. Soloway volunteered at the County's Meals on Wheels office located on Gauntt Place in Flemington this past Monday, March 23rd, to assist with the packaging of meals for homebound residents.

Freeholder Soloway said, "Meals on Wheels not only provides nutrition, it is a lifeline for some of the most vulnerable people in our community. Due to the public health emergency, Meals on Wheels has altered the way meals are delivered to eliminate direct contact and protect the health of both participants and the volunteers."

When the health emergency started, Meals on Wheels experienced a sharp reduction in volunteers. However, the County, and particularly Hunterdon County's Mayors, reached out to the community for volunteers and received an overwhelming response. We thank everyone who joined in, but this daily program still needs more volunteers."

Soloway stated, "If you are able to join us in donating some time to help a senior or homebound resident in need and those in our community who are unable to get to the store, call Meals on Wheels today at (908) 284-0735 or visit their website for more information, (copy and paste into your browser) <http://www.mowih.org/home/4554386091>.