

County Health Department: COVID-19 Risk Low In NJ, But State Experiencing High Flu Activity

Freeholder Board Deputy Director Sue Soloway, the liaison for the Health Department, reported at the February 18th meeting that the County Health Department continues to monitor information on the coronavirus, which now has a name; COVID-19.

Soloway stated, “While coronavirus continues to be a low risk in the U.S., flu remains a more immediate concern. The County’s Health Officer, Karen DeMarco, reports Hunterdon County and New Jersey are experiencing high flu activity based on hospital reports, with Influenza B being the predominant strain.”

Soloway noted that health professionals advise the best protection against the flu and other respiratory viruses is avoiding individuals who are ill, washing hands thoroughly, and getting a seasonal flu vaccine.

“The best advice is, if you are sick, stay home,” Soloway said.