



## Health Center Information 2020-21

At MHS we care profoundly about the wellbeing of our community. Our team of in-house nurses and counselors, expert medical advisors, and partners at local doctors' offices and hospitals are prepared to offer care, support and guidance to students throughout the 2020-21 school year.

### **Health Services**

**Nurses:** One of our skilled MHS nurses is always on call:

- Health Center Director Christie Puz RN, BSN, MS
- Staff nurse Lisa Loehr RN
- Staff nurse Nancy Monti RN, BS

**Health Center:** 413-395-7074, [healthcenter@misshalls.org](mailto:healthcenter@misshalls.org)

**Hours:** Mon - Thurs                    7:30 a.m. – 10:30 p.m. EST  
    Friday                                    7:30 a.m. – 7:00 p.m. EST  
    Saturday                                11:00 a.m. – 2:00 p.m. EST  
    Sunday                                    2:30 p.m. – 10:30 p.m. EST

**Well visits** such as medication pick-ups, assessment of minor illness or injuries, and mental/emotional check-ins will take place in the OD office in the Front Hall of the Main Building.

**Sick visits** of any kind, including students experiencing symptoms related to COVID-19, will take place in the Health Center, located in the north wing of 2nd floor, above the Dining Room.

**Counselors:** 413-395-7073

- Teresa Gentile LICSW
- Kate Cimini LMHC

**School Physician:** Dr. Dempsey  
    758 East Street  
    413-448-8218

**Local Hospital:** Berkshire Medical Center  
    725 North Street  
    413-447-2000

**Doctor on Demand:** Dr. Jeffrey Gold advises MHS Leadership Team, Incident Response Team, and the Health Center on policies, practices, and situations, and is available to provide education and information to faculty, staff, and families as needed.

## **COVID-19 Testing & Screening**

As part of Miss Hall's School's multifaceted effort to mitigate the spread of Coronavirus, the School will conduct COVID-19 testing of students and employees in partnership with the [Broad Institute](#). This includes testing after arrival on campus and periodic monitoring testing throughout the year. Per our [Common Good Guidelines](#), we ask all students to participate in daily symptom screening via the application [MyMedBot](#) and to journal general activity at the end of each day.

## **Health Precautions**

Given heightened vigilance and efforts to minimize transmission of [COVID-19](#), we ask all community members — students and adults — to [please stay home](#) if they are experiencing any of these [symptoms identified](#) to be associated with COVID-19:

- Fever (temperature at or above 100.0° F / 38° C) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

## **Positive Case Protocol**

- Community members must contact the [Health Center](#) if they test positive or have been [exposed to a COVID-19 positive individual](#) (this includes household members).
- Exposure will result in [quarantine](#) and a school nurse will offer guidance on next steps.
- The Dean of Academics will coordinate academic needs. Absences are excused.
- The School and the family will maintain regular communication for symptom updates and to provide information on when the student may return to our community.
- All positive cases will be reported to the Pittsfield Health Department, close contacts will be identified, and a **contact tracing** investigation will be initiated. Close contact includes being within 6 feet of someone who has COVID-19 for a total of 15 minutes or more; providing care to someone who is sick with COVID-19; direct physical contact; sharing food or utensils; etc.
- Individuals who test positive for COVID-19 [can be around others](#) when:
  - 10 days have passed since symptoms first appeared and/or 10 days have passed since a positive test result;
  - 24 hours pass with no fever (without the use of fever-reducing medications); and
  - COVID-19 symptoms have improved (e.g. cough, shortness of breath).

Thank you for your partnership in keeping our community healthy!