










	Breakfast 7:30am-8:30am	Lunch 11:30am-1:00pm	Dinner 5:30pm-6:30pm
Monday	<p><i>Vegetable and Cheese Omelet</i>  </p> <p><i>Hash Brown Patties</i>  </p> <p><i>Vegan Sausage</i>  </p> <p><i>Oatmeal</i>  </p> <p><i>Fruit and Yogurt Bar</i></p> <p><i>Fresh Baked Pastries</i></p>	<ul style="list-style-type: none"> ○ <i>Xiaolongbao (Soup Dumplings)</i> – China ○ <i>Shou Si Ji (Cold Shredded Chicken)</i> – China ○ <i>Steamed Vegetable Dumplings</i> – China ○ <i>Zhajianguan (Fried Sauce Noodles)</i> – China ○ <i>Bun Moc (Meatball Noodle Soup)</i> – Vietnam ○ <i>Braised Eggplant with Garlic Sauce</i> – China ○ <i>Banh Xeo (Savory Rice Crepes)</i> – Vietnam ○ Steamed Jasmine Rice ○ <i>Mango Pudding</i> – South China 	<ul style="list-style-type: none"> ○ <i>Pad Krapow (Basil Chicken)</i> – Thailand ○ <i>Pad Se Eww (Rice Noodles)</i> – Thailand ○ <i>Thai Green Curry with Tofu</i> – Thailand ○ <i>Beef Pho (Noodle Soup)</i> – Vietnam ○ <i>Tteokbokki (Spicy Rice Cakes)</i> – South Korea ○ <i>Kimchi Fried Rice</i> – South Korea ○ <i>Bibimbap (Mixed Rice Bowls)</i> – South Korea ○ Horchata Tres Leches Cake - Mexico
Tuesday	<p><i>Scrambled Eggs</i>  </p> <p><i>Turkey Sausage</i> </p> <p><i>HomeFries</i>  </p> <p><i>Oatmeal</i>  </p> <p><i>Fruit and Yogurt Bar</i></p> <p><i>Freshly Baked Pastries</i></p>	<ul style="list-style-type: none"> ● <i>Sarma (Sour Cabbage Rolls)</i> – Serbia ● <i>Pelmeni (Meat Dumplings)</i> – Russia ● <i>Kibinas (Meat Pastries)</i> – Lithuania ● <i>Potato & Onion Pierogi</i> – Eastern Europe ● <i>Bulviniai Blynai (Potato Pancakes)</i> – Lithuania ● <i>Pesto Pasta</i> – Italy ● Italian Bread ● <i>Roasted Root Vegetables</i> – General Europe 	<ul style="list-style-type: none"> ● <i>Sauerbraten (Pot Roast)</i> – Germany ● <i>Käsespätzle (Cheese Noodles)</i> – Germany ● <i>Braised Red Cabbage (Rotkohl)</i> – Germany ● <i>Paella (Seafood Rice)</i> – Spain ● <i>Barramundi (Pan Seared)</i> – Australia ● <i>Poutine (Fries, Gravy, Curds)</i> – Canada ● <i>Tortilla de Patatas (Potato Omelet)</i> – Spain ● <i>Patatas Bravas</i> – Spain ● <i>Nanaimo Bars</i> – Canada

		<ul style="list-style-type: none"> ● <u>Fairy Bread</u> – Australia (Served here as a light sweet snack) 	
Wednesday	<p><i>Breakfast Sandwich</i> </p> <p><i>Mini Potato Pancakes</i>  </p> <p><i>Linguica Sausage Patties</i> </p> <p><i>Fruit and Yogurt Bar</i></p> <p><i>Oatmeal</i>  </p> <p><i>Fresh Baked Pastries</i> </p>	<ul style="list-style-type: none"> ○ <u>Bengali Coconut Shrimp Curry</u> – Bangladesh ○ <u>Kacchi Biryani (Layered Meat Rice)</u> – Bangladesh ○ <u>Masakhan (Sumac Roast Chicken)</u> – Jordan ○ <u>Shawarma (Spiced Meat)</u> – Jordan ○ <u>Bolani (Stuffed Flatbread)</u> – Afghanistan ○ <u>Gulpea (Cauliflower Curry)</u> – Afghanistan ○ Afghan Rice Pilaf ○ <u>Chicken 65</u> – India ○ <u>Pakora (Veg Fritters)</u> – India ○ <u>Warak Enab (Stuffed Grape Leaves)</u> – UAE ○ <u>Kugel (Noodle Pudding)</u> – Israel 	<ul style="list-style-type: none"> ● <u>Ghanaian Chicken Waakye</u> – Ghana ● <u>Jollof Rice</u> – Ghana ● <u>Poulet DG (Chicken & Plantain)</u> – Cameroon ● Fufu ● <u>Ndizi na Nyama (Beef Banana Stew)</u> – Kenya ● <u>Pilau Rice</u> – Kenya ● <u>Maharagwe (Coconut Bean Stew)</u> – Kenya ● <u>Chapati</u> – Kenya ● <u>Puff Puff</u> – Nigeria
Thursday	<p><i>Blueberry Pancakes</i> </p> <p><i>Bacon</i> </p> <p><i>Oatmeal</i>  </p> <p><i>Fruit and Yogurt Bar</i></p> <p><i>Fresh Baked Pastries</i></p>	<ul style="list-style-type: none"> ○ <u>Stew Chicken</u> – Jamaica ○ <u>Sancocho (7-Meat Stew)</u> – Dominican Republic ○ <u>Ital Stew</u> – Jamaica ○ <u>Brazilian Stroganoff</u> – Brazil ○ <u>Locrio de Chuleta (Rice & Pork)</u> – Dominican Republic ○ <u>Moqueca (Heart of Palm Stew)</u> – Brazil ○ <u>Doubles (Curry on Flatbread)</u> – Trinidad & Tobago (Vegan) ○ <u>Pholourie (Split Pea Fritters)</u> – Trinidad & Tobago (Vegetarian) 	<ul style="list-style-type: none"> ● <u>Roast Sirloin of Beef</u> – United Kingdom ● Yorkshire Puddings – United Kingdom ● <u>Crawfish Étouffée</u> – USA (Louisiana) ● <u>Pozole Rojo (Pork & Hominy)</u> – Mexico ● <u>Vegan Jambalaya</u> – USA (Louisiana) ● <u>Pupusas (Stuffed Tortillas)</u> – El Salvador ● <u>Chilaquiles (Simmered Chips)</u> – Mexico ● <u>Chuchitos (Guatemalan Tamales)</u> – Guatemala ● <u>Esquite (Mexican Corn Cups)</u> – Mexico

		<ul style="list-style-type: none">○ <u>Yaroa (Loaded Fries/Mash)</u> – Dominican Republic○ <u>Plátanos Maduros (Fried Sweet Plantains)</u> – Caribbean (Vegan)○ <u>Kurma (Sweet Fried Dough)</u> – Trinidad & Tobago	<ul style="list-style-type: none">● <u>Rellenitos (Stuffed Plantains)</u> – Guatemala
Friday	<p>Egg and Cheese on a Croissant </p> <p>Bacon</p> <p>Breakfast Potatoes</p> <p>Oatmeal </p> <p>Fruit and Yogurt Bar</p> <p>Fresh Baked Pastries</p>	<p>Burgers and Fries</p> <p>Beyond Burgers (USA)</p> <p>HOt Dogs</p> <p>Mac and cheese</p>	<p>Salmon</p> <p>Brownies</p>
		<p>Brunch</p> <p>10:30am-12:30pm</p>	<p>Dinner</p> <p>5:30pm-6:30pm</p>
Saturday		  	<p>Orange Chicken</p> <p>Orange Tofu</p> <p>Rice</p> <p>Mixed Vegetables</p>
Sunday			<p>Jerk Chicken </p> <p>Roasted Fingerling Potatoes </p> <p>Jerk Tofu </p> <p>Roasted Squash </p>