

Downsizing and Decluttering



October 31, 2022 12:00 – 1:00 pm

Free Webinar Hosted by AARP® and the Georgia Gerontology Society
Please click [on this link](#) to register for the webinar

Featuring speaker **Romell Cooks**,
AARP Executive Council, Director for Volunteer Leaders and Trainers

Having too much stuff can impede people from relocating or getting health care in their homes. This engaging presentation explores why stuff is so important for some people and teaches practical, easy-to-follow tips on downsizing and decluttering. Learn how to get started!



Romell Cooks is a former U. S. Department of Transportation Executive with 30 years of government service. She served as the Regional Administrator in NHTSA's Region 7 Office in Kansas City, Missouri and was responsible for the Federal Highway Safety Program's more than 100 million dollars in Federal funds in five states. Her career began as a Statistical Analyst with expertise in pedestrian, bike, and older driver safety. Romell has taught hundreds of classes and spoken to hundreds of groups and organizations. After her retirement in June of 2013, she relocated to the Augusta, Georgia area and became a community volunteer. She has been a volunteer within the Richmond County School system, the Area Agency on Aging, AARP's Age-Friendly/Livable Community Initiative, with which has been her grandest involvement. Additionally, she acts as a member of AARP'S Executive Council, a State Volt Director, and a member of Augusta's Community Outreach Team. Romell is a licensed Financial Representative, a Certified Financial Coach, and the lead on AARP's Financial Literacy workshops. She loves working with seniors and loves playing tennis.

