**Marjaana Karjalainen – Nomination Statement**

**Nominated by: Klaus Lehtinen**

**Seconded by: Mikko Roine**

I am 57-year-old RN, family therapist, MNSc and a doctoral student from Finland.I live in Espoo, with my husband and our two English setters. Our two children have already grown up and made us grandparents.

I have 30 years of experience of working in public mental health care and most of these years in the field of early psychosis. My roots as a nurse and a family therapist are in Early intervention team in Jorvi hospital where I learned that orientation of the Open dialogue is my way of working. I appreciate connecting with families, teamwork and creating dialogue.

Later on, I was a founding member and a coordinator in JERI (Jorvi Early psychosis Recognition and Intervention project) at Helsinki University Central Hospital (2006-2013). The JERI-team developed and implemented a community-based early intervention model for adolescents with mental health problems, especially for young people with high risk for psychosis.It was based on the idea of mobile, multiprofessional, need-adapted, community-, family- and social network-orientedcare. We made research about our work and published several articles performing good results of this kind of an intervention. Nowadays this work continues as HUCH Early in Helsinki area.I also had an opportunity to use my service developmental skills in national Child and family services reform (LAPE 2017-2018). The aim was to promote the integration in special health care, primary health care and social care. Now I work as a head nurse at Early Psychosis team in Helsinki University Central Hospital.

My special interest is prevention and detection of early psychosis: howto help adolescent and their families in ethical and non-labeling way to carry on with their lives. My ownlong-term project as a doctoral student is also connected with JERI and UHR, my research topic is how to help adolescents at risk for psychosis.

In my spare time, I enjoy rambling in woods with the dogs and hiking especially in Lapland, but I also spend time in association work. I am a founding member and co-chair of Vartsury, association for research and intervention of early psychosis. We have organized several nationaltraining events and educated hundreds of professionals to use the Structured Interview of Psychosis-risk Syndromes (SIPS) in Finland.

I would like that ISPS would still continue to connect with people with an experience of psychosis and their families, but also with communities to make it easier to search help for psychosis. As a nurse, I´m also concerned about encouraging nurses´ to use their skills to use psychosocial interventions to carry out care in helping people in early psychosis. These skills should be appreciated, increased and kept up. In most early intervention teams, nurses are the base of carrying out care.