

# SHATTER THE STIGMA

## Oakland County FAN Support Groups

Regional Support Group	Address	Date	Time	Topic
Grief Group	Royal Oak Community/ Senior Center 3500 Marais Ave, Royal Oak, MI 48073	March 4 <sup>th</sup>	7:00-8:30p.m.	Guest Speaker: Diane Dovico, CWWS Therapeutic Breathing and Meditation
South Central Support Group	Farmington Hills Fire Department Headquarters 31455 W. 11 Mile Rd, Farmington Hills, MI 48336	March 7 <sup>th</sup>	7:00-9:00p.m.	Guest Speaker: Erica Clute Cubbin Relapse Prevention
North East/ North Oakland Support Group	Orion Center 1335 Joslyn Rd, Lake Orion, MI 48360	March 14 <sup>th</sup>	7:00-8:30p.m.	Guest Speaker: Dr. Douglas Carpenter, PsyD. LP: Childhood Trauma and the non-Alpha Male
South East Support Group	425 N. Main St. Clawson, MI 48017	March 18 <sup>th</sup>	7:00- 9:00p.m.	Guest Speaker: Jason Cubbin Early Stages of Change: Building Understanding and Motivation
Central Region Support Group	McLaren Oakland 64 N. Saginaw St, Pontiac 48342	March 26 <sup>th</sup>	7:00-9:00p.m.	Resolve: Physical Healing & Mindfulness

