



TRAINING INVITATION

- What:** The Texas Center for Child and Family Studies is excited to offer a two-part, 8-hour, FREE, live, on-line training: **CE-CERT (Components for Enhancing Clinician Experience and Reducing Trauma)** with Dr. Michael Gomez.
- The Training:** **CE-CERT (Components for Enhancing Clinician Experience and Reducing Trauma)** is an evidence-informed model that was developed by Dr. Brian Miller to support the emotional well-being of providers who are exposed to the effects of secondary trauma and burnout. The focus of CE-CERT is to develop skillfulness in learning and practicing a set of behaviors and strategies for sustaining a career in the helping professions. The model goes beyond self-care and recommends and teaches five core and interlinking components: experiential engagement, reducing rumination, conscious narrative, parasympathetic recovery, and reducing emotional labor.
- Who:** Child Welfare Clinical Professionals and Leaders – We encourage child and family serving organizations to send up to two clinicians as well as up to two supervisors/leaders/administrators
- Where:** Virtual, Live on Zoom
- When:** Wednesday May 26, 2021, 8:00 a.m. - 12:00 p.m.
and
Thursday May 27, 2021, 8:00 a.m. - 12:00 p.m.
- After attending the training, participants will be offered up to ten hours of coaching and consultation as they are applying and using the model
- Why:** The goal of this training is to support child welfare organizations so they can provide the highest quality care to the children and youth they serve.
- Cost:** Free
- Next Steps:** For any questions or to register for the training please email: bkeller@tacfs.org