



## TRAINING INVITATION

**What:** The Texas Center for Child and Family Studies is excited to offer a two-part, 8-hour, FREE, live, on-line training: **CE-CERT (Components for Enhancing Clinician Experience and Reducing Trauma)** with Dr. Michael Gomez.

**The Training:** **CE-CERT (Components for Enhancing Clinician Experience and Reducing Trauma)** is an evidence-informed model that was developed by Dr. Brian Miller to support the emotional well-being of providers who are exposed to the effects of secondary trauma and burnout. The focus of CE-CERT is to develop skillfulness in learning and practicing a set of behaviors and strategies for sustaining a career in the helping professions. The model goes beyond self-care and recommends and teaches five core and interlinking components: experiential engagement, reducing rumination, conscious narrative, parasympathetic recovery, and reducing emotional labor.

**Who:** Child Welfare Clinical Professionals and Leaders – We encourage child and family serving organizations to send up to two clinicians as well as up to two supervisors/leaders/administrators

**Where:** Virtual, Live on Zoom

**When:** Wednesday May 26, 2021, 8:00 a.m. - 12:00 p.m.  
and  
Thursday May 27, 2021, 8:00 a.m. - 12:00 p.m.

After attending the training, participants will be offered up to ten hours of coaching and consultation as they are applying and using the model

**Why:** The goal of this training is to support child welfare organizations so they can provide the highest quality care to the children and youth they serve.

**Cost:** Free

**Next Steps:** For any questions or to register for the training please email:  
[bkeller@tacfs.org](mailto:bkeller@tacfs.org)