



Dr. Nafeesa Jalal, PhD

Founder & Lead Consultant

Diversity, Equity and Inclusion (DEI) are much more than words to me. They are the key to creating long-lasting change in the world. Over the years, I have worked tirelessly to embed these concepts into organizations of many sizes and sectors. I started this firm with the mission of helping organizations to build their competence and capacity in DEI, cultural competence and sensitivity, anti-racism and ally-ship.

I bring over 13 years of experience and a deep passion for DEI. My firm passionately supports a client base from the public, private, non-profit and academic sectors, in Canada and globally. I earned a PhD in Public Health from the University of the Western Cape, South Africa. Health-related organizations are an important part of our portfolio, and our current clients include two of the largest community hospitals in Canada - Trillium Health Partners and William Osler Health System. I am also a Lecturer with Seneca College in Toronto, in their School of Health Sciences.

I am certified as a Professional Capacity Builder, Trainer and Facilitator, University of Guelph (2010) with continued facilitation training from Performance Management Consultants, Toronto (2017).

On a personal note, I am of Bangladeshi-Canadian background and have traveled to over 71 countries from a very young age. I have lived in 11 countries and speak 4 languages fluently. My global life experiences have led me to realize the importance of this work around the world. Those experiences combined with professional and educational qualifications in DEI have led to establishing this firm.

I am also proud to be associated with a team of exceptional subject-matter experts who work alongside me. Depending on your organization's sectoral and individual needs, I bring on additional expertise to assist in co-designing and co-delivering training sessions, and completing other deliverables.

Please allow us to explore your goals with you and to share how we can support you on your DEI journey!