

FREE TO ALL EMPLOYEES!



# SEPTEMBER VIRTUAL FITNESS FRIDAY

From **11:30 - 12:00 pm** with **Coach Tracy**

## September 18th - Core & Stretch

Register for this class below:

<https://us02web.zoom.us/j/86975498994?>

[pwd=RkVnSFZlZQitXaHFDRmN0ZU1uQmhaUT09](https://us02web.zoom.us/j/86975498994?pwd=RkVnSFZlZQitXaHFDRmN0ZU1uQmhaUT09)



City of Phoenix

