

Communion *at home!*



A How-To Guide!

Communion at Home?

Being away from church can be hard. Not having Communion can be even harder. While we will celebrate Communion at All-Church Worship from time-to-time, some of us might want to feast on the bread and cup more often. Here are some helpful tips to celebrate Communion.

Set the Table



Setting the table is important in celebrating Communion.

By preparing the space, we remind ourselves that Communion *is* special. Break out the special china. Lay down your favorite cloth. Consider lighting candles or including other items that have meaning for you. Click [here](#) to learn how to set up your own home altar.

Prepare the Meal

Gather some bread and juice, or bread and wine, or crackers and water, or whatever works for you. Use whatever you have in your pantry. To find out more about preparing communion elements, click [here](#).



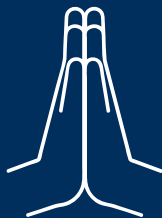
Remember the Story

Tell the story of how this meal got its start. As you read, break the bread and lift the cup so that the story becomes alive in you.

Matthew: 26:26–29

Give Thanks

Bless the bread and cup by giving thanks for all of the blessings God has given us. What are you thankful for? In what ways are you grateful to God? Pray it out loud. Have a concern on your heart? Pray that too. With God's help, the bread and cup gives us strength and courage.



Eat & Drink

Eat and drink remembering the love God has for you. Remember the family of God that you are part of. They are with you in this very moment.

Need a Prayer?

Come God, come.

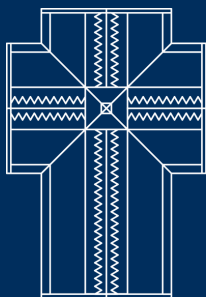
Dive deep into this cup, twine yourself into this bread,
that this bread and cup may be for us nothing less than
blessing and life itself;

And that having partaken of this sacred meal,
we might be for your world, nothing less than blessing
and life itself. Amen.

Need a Reminder?

With Jesus that evening was one who would doubt him,
one who would betray him, one who would deny him, and
in his hour of greatest need they would all desert him--
and he knew it. If Jesus was willing to eat with them,
surely he is willing to eat with us.

Baptized or not. Christian or not. Believe a little or believe
a lot. At home or in church. All you have to be is hungry.
These are the gifts of God for the people of God.



OLD
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