

# OUR PEOPLE DO THE RIGHT THING

**12 S&D REPRESENTATIVES GEAR UP TO RUN AN IMPRESSIVE 206.8 MILES IN DC RAGNAR RELAY RUN & RAISE OVER \$5K TO HELP WITH CO-WORKERS MOUNTING MEDICAL EXPENSES**



It's not easy to hear when you receive the news that your co-worker has been diagnosed with cancer. Working side-by-side on tough projects over the years creates a strong bond between individuals here at Shapiro & Duncan. When we heard the news that two of our men were diagnosed we knew mounting medical expenses would follow, so we sprung into action!

12 employees signed up for the Ragnar Relay Run which takes place on Friday, September 22nd through Saturday, September 23rd. The two day relay race will begin in Cumberland, Maryland and end in Washington, D.C. The course will take our runners through historic towns and sites with a finish line party in our nation's capital. Our fearless contenders will run through thick forest trails and scenic paths. Around nightfall, they will run through the quiet streets of many charming historic colonial towns, ultimately passing within the shadows of the Washington Monument and Lincoln Memorial. Each Shapiro & Duncan runner will run 3 legs total anywhere from 14 to 30 miles each! Van 1 will run a total of 92.1 miles and Van 2 will lead us to the finish line completing 114.72 miles.

Leading up to the run all teammates sold T-Shirts and raised over \$5k to help their co-workers cover some of the medical expenses they will endure.

Learn more about the history of Ragnar [here](#).

**Look for the logo above and cheer us on in the streets!**