

# SPRING/SUMMER: WEEK 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/9, 5/7, 6/4, 7/2, 7/30, 8/27, 9/24, 10/22						
<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast Butter/Jelly	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order French Toast Bacon or Sausage Toast/ butter/jelly	<b><u>Breakfast</u></b> Cereal of Choice Biscuits & Gravy Cheesy Eggs Bacon or Sausage	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Pancakes Toast/Butter/Jelly	<b><u>Breakfast</u></b> Cereal of Choice Confetti Eggs Bacon or Sausage Potatoes O'Brien	<b><u>Breakfast</u></b> Cereal of Choice Bacon or Sausage Honey Bun Coffee Cake Eggs cooked to order	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast/ butter/ jelly Banana
<b><u>Lunch</u></b> Chili, shredded cheese Diced onions Crackers Tossed salad dressing Corn Muffin Pears	<b><u>Lunch</u></b> Italian Sub (hot) Tomato Summer Salad Potato Salad Fruited Berry Jello	<b><u>Lunch</u></b> Pasta Primavera Side of cottage cheese Three Bean Salad Fresh strawberries Whipped cream	<b><u>Lunch</u></b> Ale Battered Tilapia w. Cheese, tartar sauce Lettuce & tomato on side Onion Rings Watermelon	<b><u>Lunch</u></b> Beef Chop Suey Stir-Fry Vegetables Yellow Rice Mandarin Oranges	<b><u>Lunch</u></b> Pepperoni Pizza Italian Tossed Salad Breadstick Honey Dew Melon	<b><u>Lunch</u></b> Grilled Bratwurst On a hoagie roll Sauteed peppers & onions Braised Cabbage Crinkle-cut Fries Fruit Cocktail
<b><u>Dinner</u></b> Italian Chicken Pasta & Marinara Sauce Green Peas Breadstick	<b><u>Dinner</u></b> Sweet Pineapple Ham brown sugar & honey Green Bean Casserole Buttered Carrots	<b><u>Dinner</u></b> Beef Lasagna Caesar Salad Garlic Toast	<b><u>Dinner</u></b> Citrus Herbed Turkey Macaroni & Cheese Sautéed Spinach	<b><u>Dinner</u></b> Salisbury Steak, gravy mushrooms & onions Asparagus Baked Sweet Potato Cinnamon, brown sugar	<b><u>Dinner</u></b> Cod Loin Lemon Wedge Roasted Potato Wedges Green Beans & mushrooms Dinner Roll/ butter	<b><u>Dinner</u></b> BBQ Pulled Pork on a Bun Baked Beans Creamy Coleslaw
<b><u>Dessert</u></b> Cherry Fluff	<b><u>Dessert</u></b> Egg Custard Pie	<b><u>Dessert</u></b> Blueberry Cheesecake Delight	<b><u>Dessert</u></b> Butterscotch Cake	<b><u>Dessert</u></b> Snickerdoodle	<b><u>Dessert</u></b> Key Lime Meringue Pie	<b><u>Dessert</u></b> Red Velvet Layer Cake

*Soups are available 7 days a week at lunch & dinner.*

TRADITIONS



# SPRING/SUMMER: WEEK 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/16, 5/14, 6/11, 7/9, 8/6, 9/3, 10/1, 10/29						
<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast/ butter/ jelly	<b><u>Breakfast</u></b> Cereal of Choice Blueberry Pancakes Syrup Bacon or Sausage Toast w/ jelly	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Banana Potatoes O'Brien	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order French Toast Casserole syrup Bacon or Sausage	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Streusel Coffee Cake Toast/ butter	<b><u>Breakfast</u></b> Cereal of Choice Biscuit & Sausage Gravy Confetti scrambled eggs Bacon or Sausage	<b><u>Breakfast</u></b> Cereal of Choice Cheesy Eggs Bacon or Sausage Toast Butter/Jelly
<b><u>Lunch</u></b> Homemade Meatloaf Mashed Potatoes Gravy Glazed Carrots Mandarin Oranges	<b><u>Lunch</u></b> Veal Parmesan (Marinara & provolone) Baked Potato Sautéed Spinach Pears	<b><u>Lunch</u></b> Roast Beef Sandwich Swiss cheese horseradish sauce Relish Plate Wedge Fries Cantaloupe	<b><u>Lunch</u></b> Albacore Tuna on Croissant, green leaf lettuce, tomato Macaroni Salad Apricot Jello	<b><u>Lunch</u></b> Waldorf Salad w. Chicken Strips Berry Muffin Side of Cottage Cheese Watermelon	<b><u>Lunch</u></b> Sausage & Cheese Pizza Italian Tossed Salad Fresh Strawberries Whipped cream	<b><u>Lunch</u></b> Baked Herbed Chicken Breast Parmesan Rice Green Peas Fruit Cocktail
<b><u>Dinner</u></b> Chicken Salad Brioche Bun Fresh tomato slices Three Bean Salad Hash Brown Patty	<b><u>Dinner</u></b> Turkey Tetrazzini Brussel Sprouts Baked Focaccia	<b><u>Dinner</u></b> Roasted Pork Ham Mashed Potatoes Sunshine Carrots	<b><u>Dinner</u></b> Sweet & Sour Meatballs over Fried Rice Vegetable Egg Roll Green Beans & Mushrooms	<b><u>Dinner</u></b> Swiss Style Steak Red Peppers & Onions w. Beef Gravy Scalloped Potatoes Steamed Broccoli	<b><u>Dinner</u></b> Rainbow Trout Mango Coulis Potatoes au Gratin Vegetable Medley Dinner Roll/ butter	<b><u>Dinner</u></b> Italian Sausage Peppers and onions Parmesan Noodles Broccoli & cheese Sauce
<b><u>Dessert</u></b> Strawberry Cream Pie	<b><u>Dessert</u></b> Banana Pudding	<b><u>Dessert</u></b> Lemon Raspberry Cheesecake	<b><u>Dessert</u></b> Dreamsicle	<b><u>Dessert</u></b> Angel food cake Strawberries	<b><u>Dessert</u></b> Chocolate Cake Peanut Butter Frosting	<b><u>Dessert</u></b> Cherry Pie

*Soups are available 7 days a week at lunch & dinner.*

TRADITIONS



# SPRING/SUMMER: WEEK 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4/23, 5/21, 6/18, 7/16, 8/13, 9/10, 10/8						
<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast Butter/Jelly	<b><u>Breakfast</u></b> Cereal of Choice Confetti Eggs Bacon or Sausage Toast / butter	<b><u>Breakfast</u></b> Cereal of Choice Pancakes & syrup Bacon or Sausage Cinnamon Roll	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Biscuit & Gravy Bacon or Sausage	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Cinnamon French Toast Casserole	<b><u>Breakfast</u></b> Cereal of Choice Cheesy Eggs Bacon or Sausage Jelly Muffin	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast/ butter/ jelly
<b><u>Lunch</u></b> Oven Roasted Turkey with Stuffing Cranberry Sauce Parmesan Carrots Mandarin Oranges	<b><u>Lunch</u></b> Chef Salad Choice of dressing Blueberry Muffin Peaches	<b><u>Lunch</u></b> Guinness Stout Battered COD on Brioche Bun, tartar sauce, lemon wedge, lettuce & tomato on side, Onion Rings Honey Dew Melon	<b><u>Lunch</u></b> Tikka Masala White Rice Steamed Broccoli Applesauce Jello	<b><u>Lunch</u></b> Mango Chicken Salad Focaccia Bread Pears	<b><u>Lunch</u></b> Seafood Salad on Brioche Bun Relish Plate Side of cottage cheese Pineapples & Cherries	<b><u>Lunch</u></b> BBQ Pork Rib on Bun BBQ sauce Pickles, onions Fiesta Corn Fresh Strawberries
<b><u>Dinner</u></b> Cheese Ravioli w. Marinara sauce Zucchini & Summer Squash Garlic Toast	<b><u>Dinner</u></b> Beef & Noodles Southern Green Beans Dinner Roll/ butter	<b><u>Dinner</u></b> Fried Chicken Macaroni & Cheese Sunshine Carrots	<b><u>Dinner</u></b> Beef Brisket Sour Cream & Chive Mashed Potatoes Sautéed Spinach	<b><u>Dinner</u></b> Homemade Lasagna Caesar Salad w. Croutons Garlic Bread	<b><u>Dinner</u></b> Bourbon Pork Loin w. Apples Rosemary Herbed Potatoes Asparagus Dinner roll/ butter	<b><u>Dinner</u></b> Philly Beef Sandwich Grilled peppers & Onions Wedge Fries Vegetable Medley
<b><u>Dessert</u></b> Lattice Top Apple	<b><u>Dessert</u></b> Chocolate Strawberry Truffle	<b><u>Dessert</u></b> Orange Sour Cream Gateau	<b><u>Dessert</u></b> Sugar Cream Pie	<b><u>Dessert</u></b> Lemon Krunch Pie	<b><u>Dessert</u></b> Vanilla Icebox Cake	<b><u>Dessert</u></b> Oreo Blondies

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TRADITIONS



# SPRING/SUMMER: WEEK 4

Sunday <small>4/30, 5/28, 6/25, 7/23, 8/20, 9/17, 10/15</small>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast/ Butter/ jelly	<b><u>Breakfast</u></b> Cereal of Choice French Toast Eggs cooked to order Bacon or Sausage	<b><u>Breakfast</u></b> Cereal of Choice Sausage Gravy & Biscuit Cheesy Eggs	<b><u>Breakfast</u></b> Cereal of Choice Confetti Scrambled Eggs Bacon or Sausage Toast/ Jelly	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Potatoes O'Brien	<b><u>Breakfast</u></b> Cereal of Choice Blueberry Pancakes Eggs cooked to order Bacon or Sausage	<b><u>Breakfast</u></b> Cereal of Choice Eggs cooked to order Bacon or Sausage Toast/ jelly
<b><u>Lunch</u></b> Beef Pot Roast w. vegetables Yukon Gold Potatoes Spiced Peaches Dinner Roll/ butter	<b><u>Lunch</u></b> Meat Lovers Pizza Caesar Salad Fresh Strawberries Whip Cream	<b><u>Lunch</u></b> Boneless Wings Tossed in choice of honey Mustard, Buffalo, or BBQ Macaroni & Cheese Broccoli & Raisin Salad Pineapple Tidbits	<b><u>Lunch</u></b> BLT Sandwich Kidney Bean Salad Broccoli Slaw Mandarin Oranges	<b><u>Lunch</u></b> Sloppy Joe on Bun Onion Rings Creamy Cole Slaw Pears	<b><u>Lunch</u></b> Taco Salad Sour Cream & Salsa Taco Chips Cranberry Fruited Jello	<b><u>Lunch</u></b> Spaghetti & Meatsauce Garlic Bread Italian Tossed Salad Fruit Cocktail
<b><u>Dinner</u></b> Glazed Honey Mustard Chicken Roasted Sweet Potatoes Green Beans	<b><u>Dinner</u></b> Stir Fry Chicken & vegetables Fried Rice Vegetable Egg Roll Sweet & Sour sauce	<b><u>Dinner</u></b> Meatloaf & Gravy Onion Roasted Potatoes Steamed Broccoli	<b><u>Dinner</u></b> Oven Roasted Honey Pork Baked Sweet Potato, cinnamon, brown sugar Sautéed Spinach	<b><u>Dinner</u></b> BBQ Baked Chicken breast Corn on the Cob Brussel sprouts w. bacon	<b><u>Dinner</u></b> Salmon w. sweet Thai Chili sauce Parslied Potatoes Fresh Asparagus Dinner Roll/ butter	<b><u>Dinner</u></b> Turkey Manhattan (mashed potatoes & gravy) Sautéed Green Beans
<b><u>Dessert</u></b> Banana Split Pie	<b><u>Dessert</u></b> Peach Pie whipped cream	<b><u>Dessert</u></b> Tapioca Pudding w. a Cherry	<b><u>Dessert</u></b> Vanilla Kuchen	<b><u>Dessert</u></b> Raspberry Parfait Pie	<b><u>Dessert</u></b> Tiramisu	<b><u>Dessert</u></b> Chocolate Cream Pie

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TRADITIONS