



# FY 2019 Integrated Behavioral Health Services (IBHS)

## Overview Presentation for Applicants

Bureau of Primary Health Care (BPHC)  
Health Resources and Services Administration (HRSA)



# Before Viewing this Presentation

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Read the **IBHS Instructions** accessible from  
the [IBHS Technical Assistance Web Page](#)



Presentation slides are also available.

# Presenters



**Shannon McDevitt**  
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Physician, BPHC



**Rael Ammon**  
MA, PCPM  
Management Analyst,  
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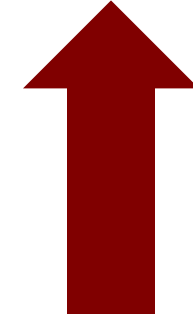
**Rebecca Levine**  
MPH, JD  
Public Health Analyst,  
BPHC

# Agenda



## *Idea Box*

- Importance of integrated behavioral health
- IBHS overview
- IBHS application highlights
- Submission resources



*Idea Boxes provide helpful tips and highlight important information*

# HRSA Behavioral Health Integration Investments

**2018  
SUD-  
MH**

- \$350 million
- Increased providers & patients
- Expanded medication-assisted treatment (MAT)

**2017  
AIMS**

- \$200 million
- Increased providers & patients

**2016  
SASE**

- \$94 million
- Increased providers & patients
- Expanded MAT

# New for Fiscal Year 2019



## IBHS

- Mental health and/or substance use disorder (SUD) services
- May address opioid use disorder (OUD) and MAT
- Ongoing funding up to \$145,000 per year
- Minimum 0.5 FTE increase
- Required mental health and/or SUD patient increase

# Behavioral Health Integration Impact

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**Life expectancy**

**Cost efficacy**

**Management  
of co-occurring  
conditions**

**Prevention,  
detection, and  
treatment**

# IBHS Overview



# Eligibility



*Ensure that your health center's EHBs contacts are current to receive all IBHS emails*

- Current Health Center Program operational grant (H80) award recipients
- Notification emails to:
  - Authorizing officials
  - Business officials
  - Project directors
- For questions about the notification email, contact [SUD-MH@hrsa.gov](mailto:SUD-MH@hrsa.gov)
- Notification email content
  - Web link and passcode to IBHS application module
  - Maximum federal budget request according to your H80 sub-program distribution
  - Technical assistance contact information

# Project Concept



*HRSA may reduce or withhold future IBHS funding if you fail to meet the minimum 0.5 FTE requirement*

Increase access to high quality integrated behavioral health services, including prevention or treatment of mental health conditions and/or SUD, including OUD

## Project Requirements

- *Add at least 0.5 SUD and/or mental health service personnel full-time equivalents (FTEs) within 8 months of award*
- *Increase new and/or existing patients receiving SUD and/or mental health services as demonstrated through IBHS progress updates and the 2020 Uniform Data System (UDS) report*

# Project Budget



*Maximum request is \$145,000;  
HRSA may adjust final award  
amounts*



**Workforce  
Expansion**



**Professional  
Development  
& Training**



**Strengthen  
Clinical  
Workflows &  
Practice  
Models**



**Outreach,  
Partnerships,  
& Community  
Integration**



**Use &  
Advancement  
of Telehealth**



**Health  
Information  
Technology**



**Other Aligned  
Costs (Pain  
Management)**

# Ongoing Funding Contingencies



*FY 2019 funding may be used  
9/1/2019 through the end of FY  
2020 H80 budget period*



Availability of funds in  
subsequent fiscal years



Achievement of 0.5 FTE  
and projected SUD/mental  
health patient increases



A decision that continued  
funding is in the best  
interest of the federal  
government

# IBHS Application Highlights



# Application Components



*Refer to Appendix B:  
Application Instructions and  
the EHBs User Guide*

- SF-424 Application for Federal Assistance
- SF-424A Budget Information Form
- SF-424B Assurances
- Federal Object Class Categories Form
- Budget Narrative (attachment)
- Project Overview Form
- Project Plan Form
- Staffing Impact Form
- Patient Impact Form
- Equipment List Form (as applicable)

Attachment 1: Budget  
Narrative (required)

Attachment 2: Negotiated  
Indirect Cost Rate  
Agreement (if applicable)



# Project Plan Form



*Refer to the Example Project Plan*

## I. Objectives

Specific, measurable, and achievable

At least one staffing impact objective

At least one patient impact objective

## II. Activities

Actions to achieve each objective

At least two activities per objective

## III. Outputs

Accomplishments of activities, including milestones

At least two outputs per objective

# Project Overview Form



*Request a needed Scope Adjustment or Change in Scope post-award*

- Indicate if IBHS funding will be used to support
  - Telehealth
  - Pain management
- Identify desired technical assistance topics
- Review Form 5A: Services Provided
  - Determine if your proposed services are in scope
  - Contact your H80 project officer for guidance
  - Submit a Scope Adjustment or Change in Scope request, if necessary

# Staffing Impact Form



**Add at least 0.5 SUD and/or mental health service personnel FTEs within 8 months of award**

**Deliver or support SUD and/or mental health services**

# Eligible Position Categories



*Refer to the Staffing  
Impact Form for a full list*

**Mental Health**

**SUD**

**Physicians**

**NP, PA, CNM**

**Nurses**

**Pharmacy**

**Enabling Services**

**Professional  
Services**

# Patient Impact Form



*Refer to the Example  
Patient Impact Form*



**Increase new and/or existing patients receiving SUD and/or mental health services**

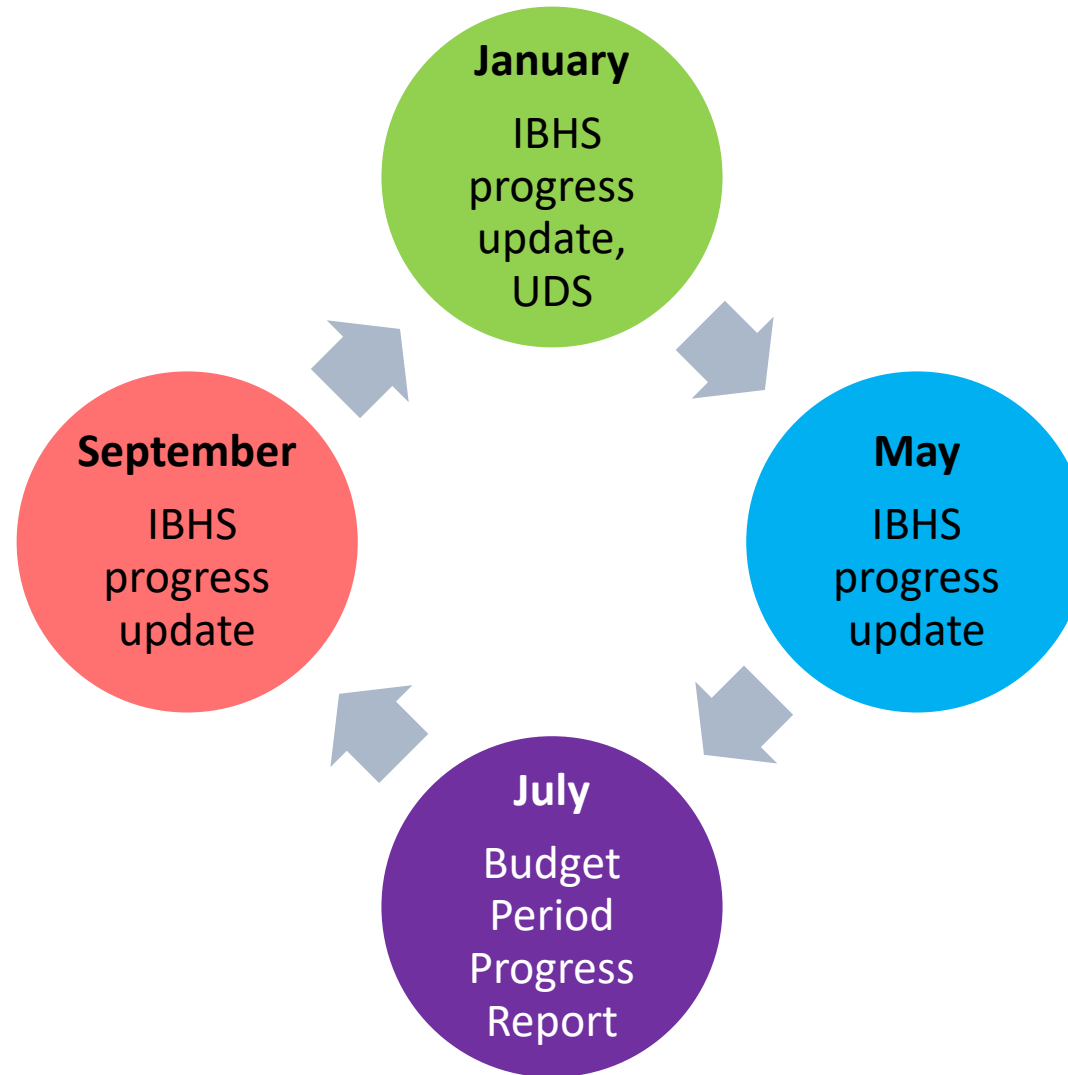
## Existing Patients

Existing patients newly receiving SUD and/or mental health services

## New Patients

Patients new to the health center receiving SUD and/or mental health services

# Progress Reporting



# Progress Metrics



*The 2018 UDS Manual describes progress metrics*



**Patients and visits for  
SUD and mental  
health services**



**Patients and visits for  
SBIRT services**



**Newly  
hired/contracted  
personnel**



**Providers who  
obtained a DATA 2000  
waiver**



**Patients who received  
MAT for opioid use  
disorder**



**Patients 12 and older  
screened for depression  
with a follow up plan**



**Use of telehealth for  
primary care or mental  
health services**

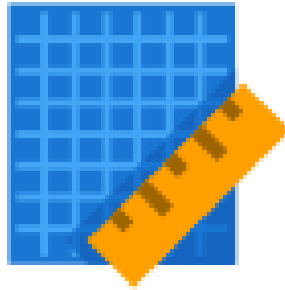
# Ineligible Costs



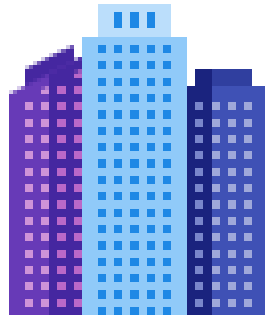
*Health centers proposing ineligible costs will be required to revise application budgets*



Minor alterations and renovations



EHRs that are not ONC certified



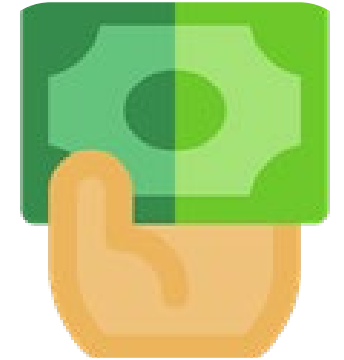
New construction activities, additions, or expansions



Installation of trailers and pre-fabricated modular units



Facility or land purchases



Any costs that do not support the purpose of IBHS funding

# Award Decisions



*Contact your project officer  
with any concerns about your  
condition status*



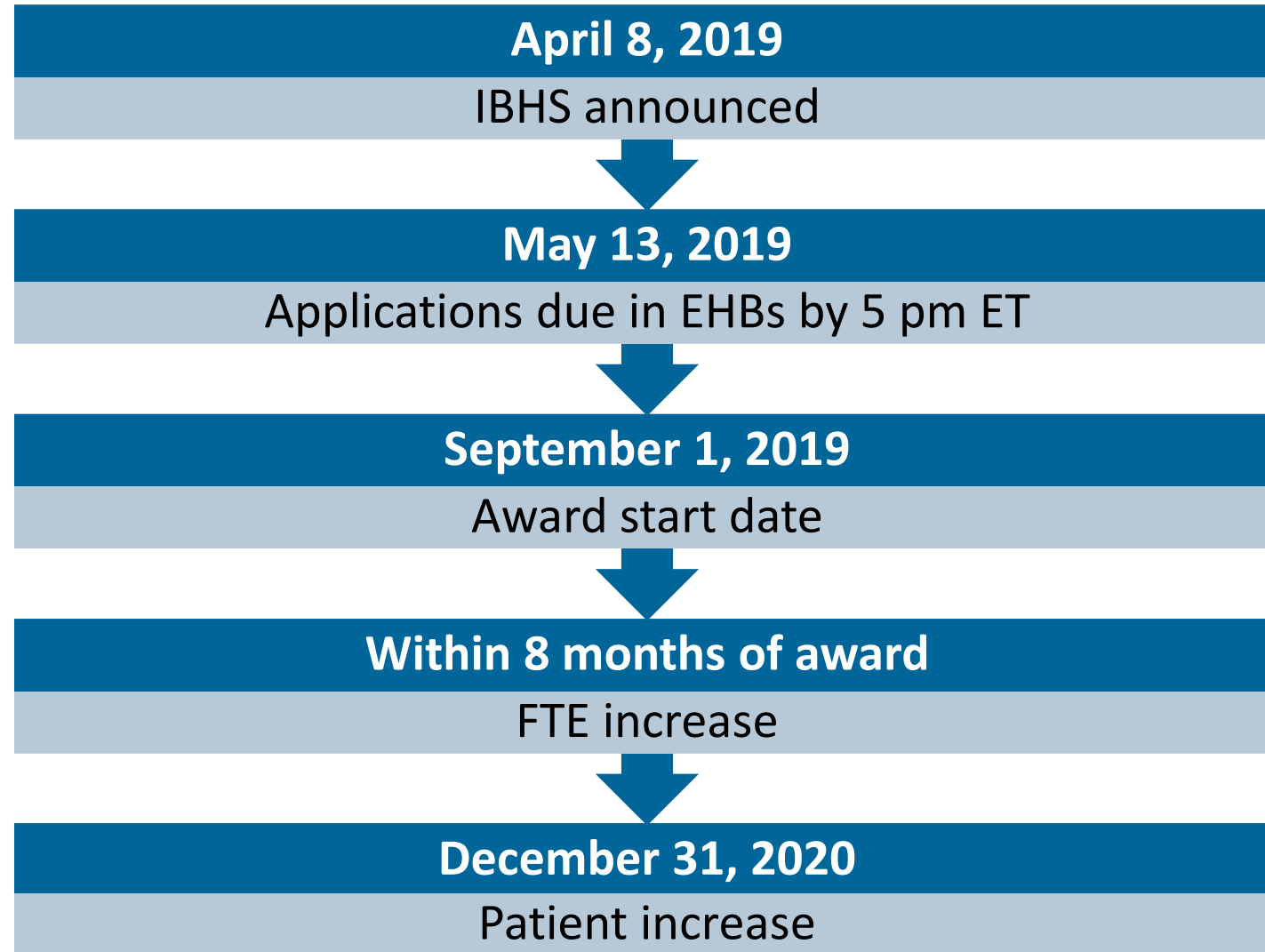
## Exclusionary Criteria

- Stopped receiving H80 funding
- In the process of phasing out H80 award (e.g., relinquishment, discontinuation)
- Have any Health Center Program requirements-related conditions in the 30-day final phase of progressive action

# Submission Resources



# Important Dates



# Applications Due 5 pm ET on May 13



*Submit early to avoid system delays or errors*

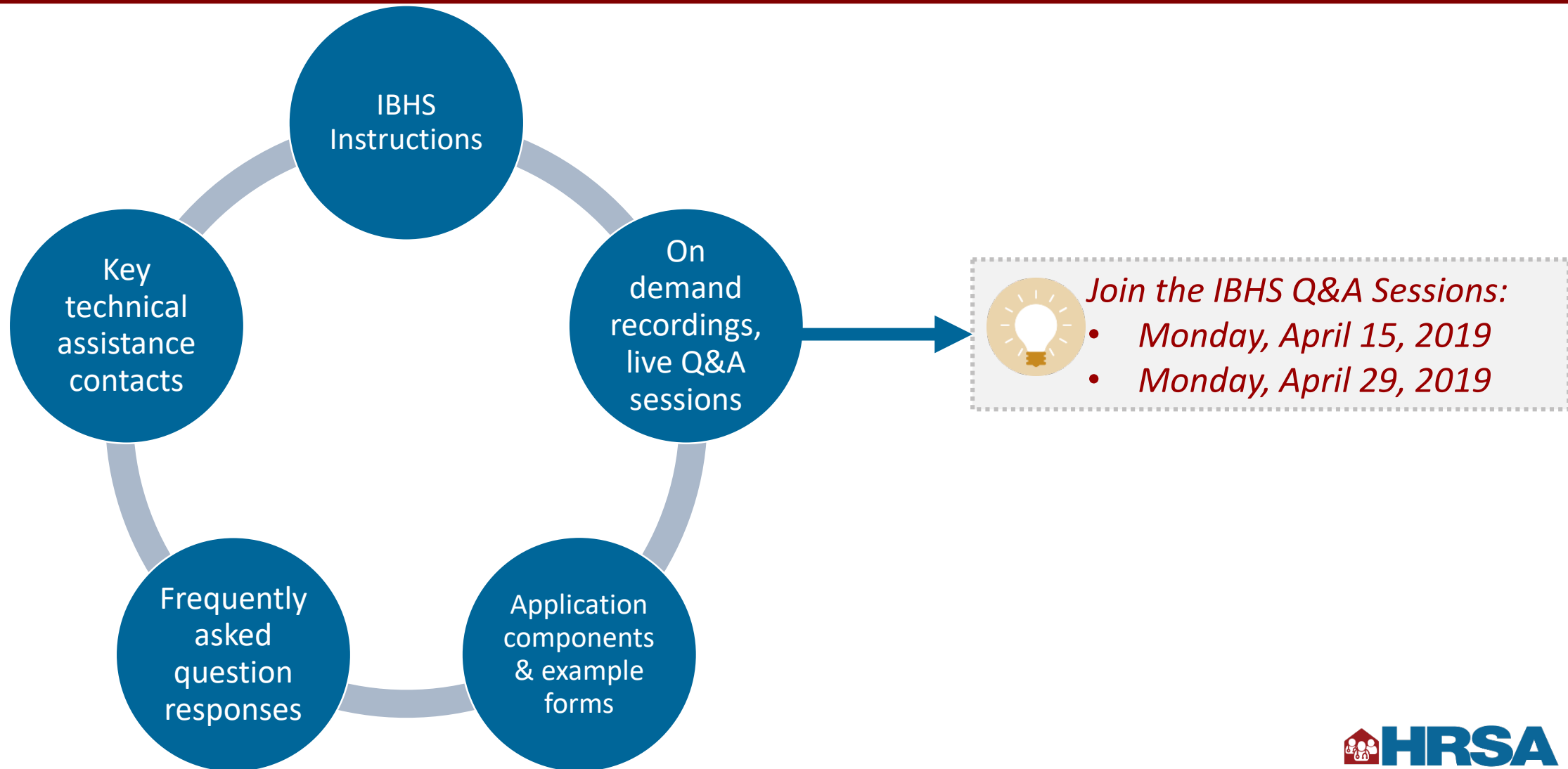
May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- Your health center must maintain an active System for Award Management registration
- Leave adequate time for your AO to complete submission
- If you are not the AO, a “Submit to AO” button will display on the EHBs “Submit” page
- Only the **Authorizing Official (AO)** may submit your IBHS application

# IBHS Technical Assistance Web Page

<https://bphc.hrsa.gov/programopportunities/fundingopportunities/ibhs>



# Key Technical Assistance Contacts

## Application and proposal requirements questions

- IBHS Technical Assistance Team
- [SUD-MH@hrsa.gov](mailto:SUD-MH@hrsa.gov)
- 301-594-4300

## Electronic submission issues

- Health Center Program Support
- [bphccommunications.secure.force.com](https://bphccommunications.secure.force.com)
- 1-877-464-4772

## Business, administrative, or fiscal questions

- Mona Thompson
- [mthompson@hrsa.gov](mailto:mthompson@hrsa.gov)
- 301-443-3429



# Thank You!

## IBHS Technical Assistance Team

Bureau of Primary Health Care (BPHC)

Health Resources and Services Administration (HRSA)



[SUD-MH@hrsa.gov](mailto:SUD-MH@hrsa.gov)



301-594-4300

[bphc.hrsa.gov](http://bphc.hrsa.gov)



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