

REACH for College is a program for high school students with chronic illness who are planning to go to college. Some examples of chronic illnesses include Crohn's Disease, Lupus, Diabetes, and more. Students, ages 15 to 19, and their parents/caregivers will learn about available resources and discuss how to create a healthcare plan.

This workshop will include:

- Discussions about developing self-care and self-advocacy skills
- A presentation from healthcare providers who work with teens and young adults
- Youth and caregiver specific sessions

Date: Wednesday November 10th, 6p.m to 8p.m

Location: Virtual

This program encourages open, free speech from parents/ caregivers and children. It is requested that teens and parents each participate on their own device.

R.S.V.P.: By Halloween, 10/31/21 to <u>REACH@chop.edu</u> or 267-426-5569 When responding, please include:

- You are attending REACH for College
- The name of the youth and parent(s)/caregiver(s) planning to participate
- The best email/phone number to contact for confirmation

REACH (Rapport, Empowerment, Advocacy, through Connections and Health) programs are for adolescents, teens and young adults with chronic conditions and their parents. The goal is to prepare youth with special healthcare needs for a successful transition into adulthood by providing peer support, guidance and resources.

