

# June 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Connections SG</b> ZOOM 6-7:30pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family SG</b> ZOOM 6:30-8pm	<b>Wednesday Wellness</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family-2-Family</b> NAMI Office 6:30-8pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm	<b>Family &amp; Friends Friday</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>NAMI Walks Online Rally</b> 7pm	
7	8	9	10	11	12	13
	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Connections SG</b> ZOOM 6-7:30pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family SG</b> ZOOM 6:30-8pm	<b>Wednesday Wellness</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family-2-Family</b> NAMI Office 6:30-8pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm	<b>Family &amp; Friends Friday</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm	
14	15	16	17	18	19	20
	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Connections SG</b> ZOOM 6-7:30pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family SG</b> ZOOM 6:30-8pm	<b>Wednesday Wellness</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family-2-Family</b> NAMI Office 6:30-8pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm	<b>Family &amp; Friends Friday</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm	
21	22	23	24	25	26	27
	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Connections SG</b> ZOOM 6-7:30pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family SG</b> ZOOM 6:30-8pm	<b>Wednesday Wellness</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family-2-Family</b> NAMI Office 6:30-8pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Return to Hope</b> NAMI Offices 6-9pm	<b>Family &amp; Friends Friday</b> FB Live 12:30-12:40pm <b>Wellness Check-in</b> ZOOM 3:30-4:30pm	
28	29	30	1	2	3	4
	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Connections SG</b> ZOOM 6-7:30pm	<b>Wellness Check-in</b> ZOOM 3:30-4:30pm <b>Family SG</b> ZOOM 6:30-8pm				