



### **Updated Quarantine Protocol for EARLY CARE and EDUCATION as of January 14, 2022**

In response to the new Covid-19 protocols issued by *Kentucky Public Health*, and in partnership with the Louisville Metro Health Department, the Archdiocese of Louisville will implement the updated quarantine and isolation measures for Child Care Programs as outlined on the Team Kentucky Website, <https://govstatus.egov.com/kycovid19>.

The purpose of this document is to provide a general overview of the changes in protocol. Universal masking will continue at this time due to the high level of transmission. School data will continue to be reviewed weekly to determine any changes to the mitigation protocols including masking. Parents and faculty members must still report positive Covid-19 cases to the Child Care Program and keep children at home when they exhibit any Covid-19 or flu-like symptoms.

#### **WITH UNIVERSAL MASKING**

*With the continued use of universal masking, the following protocols will be implemented:*

- **Contact tracing will continue** for child care programs, and **positive cases must be reported** to the local health department and the Division of Regulated Child Care.
- **Sick individuals and those with at-home positive Covid-19 test results** should be directed to a healthcare provider for testing and instructed to isolate at home until results are received.
- **Quarantine and isolation** time have been reduced if symptom-free.

#### **ISOLATION PROTOCOLS**

- Anyone with a positive Covid-19 test by a healthcare professional should self-isolate for at least **5 days\***.
- To calculate the 5-day isolation period, day 1 is the day **after symptoms start or the day after testing**.
- **Isolation can end after day 5\*** if symptoms are fully resolved and the individual can wear a well-fitting mask for 5 additional days.
- If a child is unable to wear a mask consistently and properly **or** if symptoms continue, the individual should self-isolate for 10 full days.

*\*The first day of symptoms or the date of a positive test, if asymptomatic, is **day zero**; isolation ends **after day 5** (i.e. on day 6)*

#### **QUARANTINE PROTOCOLS**

- Children who are identified as close contacts to a person diagnosed with COVID-19 will quarantine for
  1. **5 days** if symptom-free **and** they can wear a well-fitting mask for 5 additional days, or
  2. **10 days** if they cannot wear a mask or are under 2 years of age
- Children 5-17 years of age who **are vaccinated** at least 14 days prior to exposure **or** have had a documented case of COVID-19 in the last 3 months and fully vaccinated adults **do not need to quarantine if they are symptom-free and wear a mask**
- Children who are exposed are recommended to be tested 5 days or more after exposure