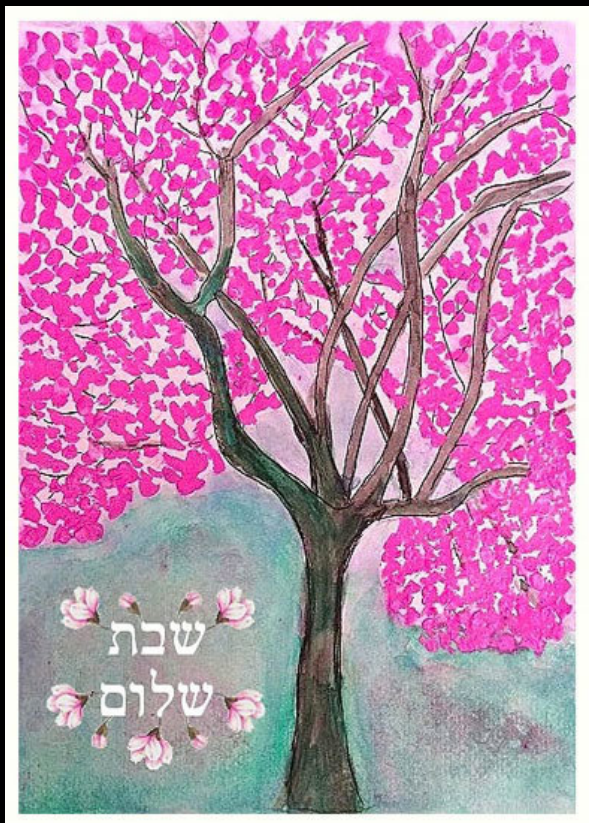




Shabbat Shalom!
Welcome to the Shabbat
Morning Moadon!

*What is a moadon? It's a
lounge. (Pronounced:
moe-ah-DOAN)
So relax ... stay a while!*

הִנֵּה מַה־טוֹב וּמַה־נָּעִים שֶׁבֶת אַחִים גַּם־יַחַד

Hinei mah tov umah nayim shevet achim gam yachad.
How good it is when siblings sit together. (Psalm 133)

מַה טּוֹבוֹ אֹהֲלֶיךָ יַעֲקֹב, מִשְׁכְּנֹתֶיךָ יִשְׂרָאֵל.
וְאֲנִי בְּרֹב חַסְדֶּיךָ אָבוֹא בֵּיתְךָ:
אֶשְׁתַּחֲוֶה אֶל הַיֵּיכָל קֹדֶשְׁךָ בִּירְאָתְךָ:
וְאֲנִי תִפְלַתִּי־לְךָ יְיָ עַת רָצוֹן
אֱלֹהִים בְּרֹב־חַסְדֶּיךָ עֲנֵנִי בְּאֵמֶת יִשְׁעֶךָ:

Mah tovu ohalecha Ya'akov mishk'notecha Yisrael.

- Va'ani b'rov chasdecha, avo veitecha.

Eshtachaveh el heichal kodshecha b'yeeratecha

- Va'ani t'filati l'cha Adonai eit ratzon

Elohim b'rov chasdecha aneini be'emet yishecha.

*How goodly are your tents, Ya'akov, your dwelling places, Yisrael!
And I, on account of your graciousness, I will enter your House, bowing
down in your holy Temple with reverence. As for me, may my prayer come
to You, O LORD, at a favorable moment; O God, in Your abundant
faithfulness, answer me with Your sure deliverance.*

(Numbers 24:5; Psalm 5:8; Psalm 69:14)

An artistic painting featuring a person with orange skin sitting in a meditative pose on a dark surface. The person's torso is open, revealing a glowing blue heart-like shape. A stream of white light or breath flows from their mouth towards the upper right. The background is a deep blue, swirling night sky with a crescent moon in the upper left and distant stars. The overall style is expressive and spiritual.

אֱלֹהִי, נִשְׁמָה שְׁנַתָּת
בִּי טְהוֹרָה הִיא.

Elohai n'shama sheh-nata-
tah bee t'ho-rah hee.

*My God, the soul you have
given me is pure.*

Artwork: Melanie Weidner

מִזְמוֹר שִׁיר לַיּוֹם הַשַּׁבָּת:
טוֹב לְהַדוֹת לַיהוָה וּלְזַמֵּר לְשִׁמְךָ עֲלִיוֹן:
לְהַגִּיד בַּבֹּקֶר חֶסֶדְךָ וְאֱמוּנַתְךָ בַּלַּיְלוֹת
עַל־עֲשׂוֹר וְעַל־נָבֶל עַל־הַגָּיוֹן בְּכִנּוֹר:

Mizmor shir l'yom hashabbat
tov l'hodot l'adonai u'zameir l'shimcha elyon.
L'hagid baboker chasdechacha ve'emunat'cha ba-lei-lot.
Alel asor va'alel navel, alel higayon b'chinor.



A song. For the Sabbath day. It is good to praise the Lord and make music to your name, O Most High, proclaiming your love in the morning and your faithfulness at night, to the music of the ten-stringed lyre and the melody of the harp. (Psalm 92:1-3)

בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
יוֹצֵר אוֹר וּבוֹרֵא חֹשֶׁךְ,
עֹשֶׂה שָׁלוֹם וּבוֹרֵא אֶת הַכֹּל.

*Baruch atah Adonai eloheinu melech ha-olam
yotzeir or, u'vorei choshech,
oseh shalom u'vorei et ha-kol.*

God you are full of blessing. You are the Energy behind and
in the Universe. We thank you for forming light,
creating darkness, making peace,
and creating everything.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו,
וְצִוֵּנוּ לַעֲסוֹק בְּדִבְרֵי תוֹרָה.

Baruch Atah Adonai Eloheinu Melech ha-olam
asher keed-shanu b'mitz-votav v'tzi-vanu
La-asok b'div-rei Torah.

God, Sovereign of the Universe, You are full of blessing, and
You have commanded us to work toward holiness
by engaging in the words of Torah.



יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא.
בְּעֲלָמָא דִּי בְּרָא כְרֻעוּתָהּ, וְיִמְלִיךְ מַלְכוּתָהּ
בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל.
בְּעָגְלָא וּבְזִמָּן קָרִיב וְאָמְרוּ אָמֵן:

Yitgadal v'yitkadash sh'mei raba
b'alma di-v'ra chi-rutei, v'yam-lich mal-chu-tei
b'cha-yei-chon u-v'yo-mei-chon u-vcha-yei d'chol
beit Yis-raeil, ba-a-ga-la u-vi-z'man ka-riv, vi-m'ru: amein.

יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ לְעָלְמָא וְלְעָלְמֵי עָלְמַיָּא:

Y'hei sh'mei ra-ba m'va-rach
l'a-lam u-l'al-mei al-ma-ya.

יְתַבְּרַךְ וְיִשְׁתַּבַּח, וְיִתְפָּאֵר וְיִתְרוֹמֵם
וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵהּ דְּקֻדְשָׁא בְּרִיךְ הוּא
לְעֵלָּא מִן כָּל בִּרְכָתָא וְשִׁירָתָא,
תְּשַׁבַּחְתָּא וְנַחֲמַתָּא, דְּאַמִּירוֹן בְּעַלְמָא, וְאַמְרוּ אָמֵן:

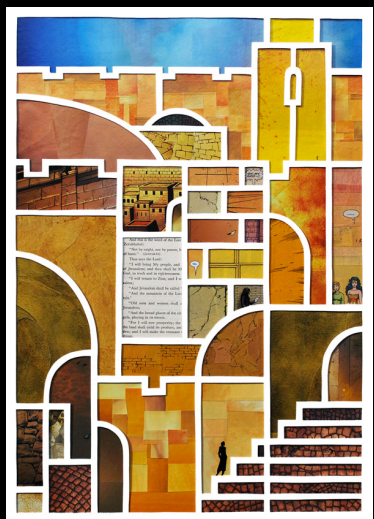
Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar v'yit-ro-mam
v'yit-na-sei, v'yit-ha-dar v'yit-a-leh v'yit-ha-lal
sh'mei d'kud-sha, b'rich hu, l'eilah, min kol bir-cha-ta
v'shi-ra-ta, tush-b'cha-ta v'neh-cheh-ma-ta
da-a-mi-ran bal-ma, v'i-m'ru: amein.

יְהֵא שְׁלָמָא רַבָּא מִן שְׁמַיָּא וְחַיִּים
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן:

Ye'hei sh'lama rabah min sh'maya v'chayim
aleinu v'al kol yisraeil, v'im'ru: amein.

עֲשֵׂה שָׁלוֹם בְּמִרְמֵי הוּא יַעֲשֶׂה שָׁלוֹם
עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן:

Oseh shalom bimromav, hu ya'ah-seh shalom
aleinu, v'al kol yisraeil, v'im'ru: amein.



וּשְׁמְרוּ בְנֵי־יִשְׂרָאֵל אֶת־הַשַּׁבָּת
לַעֲשׂוֹת אֶת־הַשַּׁבָּת לְדֹרוֹתָם בְּרִית עוֹלָם:

בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הוּא לַעֲלָם
כִּי־שֵׁשֶׁת יָמִים עָשָׂה יְהוָה
אֶת־הַשָּׁמַיִם וְאֶת־הָאָרֶץ
וּבַיּוֹם הַשְּׁבִיעִי שָׁבַת וַיִּנָּפֶשׁ:

V'shamru v'nei yisrael et hashabbat
la'asot et ha-shabbat l'dorotam b'rit olam.

Beini uvein b'nei yisrael ot hee l'olam.
Ki sheishet yamim asah adonai et hashamayim v'et ha-aretz.
Uvayom hash'vi'i shavat vayinafash.

*The Children of Israel shall keep the Shabbat as an eternal sign of the covenant
between God and Israel. For in six days, God made the heavens and the earth
and on the seventh day, God paused and took a deep breath.*