

CHILD'S RESPONSE TO TRAUMA

PHYSICAL

- Eating disturbance - refusal, overeating, hording
- Sleep issues - getting to sleep, frequent waking, nightmares
- Toileting - enuresis, encopresis, constipation
- Functional abdominal pain
- Tension Headaches

DEVELOPMENT / LEARNING

- Difficulty acquiring developmental milestone
- Difficulty with transitions
- Easily frustrated (limited cognitive flexibility)
- Difficulties organizing
- Memory and detail recall challenges

BEHAVIOR

- Detachment
- Numbing
- Compliance
- Fantasy
- Hyper vigilance
- Aggression
- Anxiety
- Exaggerated response
- Frequent, severe tantrums