

WITH ONE MINDFUL BREATH, WE
ENTER THE KINGDOM OF GOD -

Thich Nhat Hanh

WEEKLY
**WEDNESDAY
MEDITATION**

We are reminded by all of the great
spiritual teachers that, the way to inner-
peace and harmony is through the
practice of meditation.

Come join Craig Steven Phillips in the
Sanctuary at 7:30pm,
and give yourself the opportunity to rest
in the joy and stillness within.

To learn more or to request a link to join via Zoom,
go to: www.TaoTribe.com/classes

The suggested offering for the class is \$10 or
whatever you can afford.