



**DeKalb County School District**  
**Smart Bites Health & Wellness**  
**January 2017**  
**Elementary Breakfast Menu**

**Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District**

MON	TUE	WED	THU	FRI
2  No School	3  	4  No School	5 Choice of Entrée: Chicken & Waffles  Frosted Mini Wheats with WG Toast V  Fruit Selections: Tangerine Juice Applesauce	6 Choice of Entrée: WG Cinnamon Mini Waffles V  Peach Yogurt with Granola V  Fruit Selections: Assorted Juice Mandarin Oranges
9 Choice of Entrée: Breakfast Pizza  Honey Nut Cherrios with Toast V  Fruit Selections: Apple Juice Fruit Cocktail	10 Choice of Entrée: Sausage Biscuit  Cinnamon Chex with Biscuit V  Fruit Selections: Strawberry Kiwi Juice Banana	11 Choice of Entrée: Scrambled Egg/Toast  Apple Cinnamon Cheerios with WG Toast V  Fruit Selections: White Grape Juice Apple Wedges	12 Choice of Entrée: Turkey Sausage Breakfast Bagel  Frosted Mini-Wheats with WG Toast V  Fruit Selections: Tangerine Juice Applesauce	13 Choice of Entrée: Chicken Whole Grain Biscuit  Cheese Omelet/Biscuit  Fruit Selections: Assorted Juice Mandarin Oranges
16 Martin Luther King, Jr. Day  	17 Choice of Entrée: Chicken Sausage Bites  Cinnamon Chex with Toast  Fruit Selections: Strawberry Kiwi Banana	18 Choice of Entrée: WG Cheese Toast V  Apple Cinnamon Cheerios with WG Toast  Fruit Selections: White Grape Juice Apple Wedges	19 Choice of Entrée: Chicken Whole Grain Biscuit  Frosted Mini Wheats with WG Biscuit  Fruit Selections: Tangerine Juice Applesauce	20 Choice of Entrée: Pancake N' Links/Syrup  Strawberry Yogurt with Blueberry Muffin Top  Fruit Selections: Assorted Juice Mandarin Oranges
23 Choice of Entrée: French Toast Sticks/Syrup V  Honey Nut Cheerios with WG Toast  Fruit Selections: Apple Juice Fruit Cocktail	24 Choice of Entrée: Breakfast Pizza  Cinnamon Chex with Toast  Fruit Selections: Strawberry Kiwi Juice Banana	25 Choice of Entrée: Whole Grain Beef Biscuit  Apple Cinnamon Cheerios with WG Biscuit V  Fruit Selections: White Grape Juice Apple Wedges	26 Choice of Entrée: Chicken & Waffles  Frosted Mini Wheats with WG Toast V  Fruit Selections: Tangerine Juice Applesauce	27 Choice of Entrée: WG Cinnamon Mini Waffles V  Peach Yogurt with Granola V  Fruit Selections: Assorted Juice Mandarin Oranges
30 Choice of Entrée: Breakfast Pizza  Honey Nut Cherrios with Toast V  Fruit Selections: Apple Juice Fruit Cocktail	31 Choice of Entrée: Sausage Biscuit  Cinnamon Chex with Biscuit V  Fruit Selections: Strawberry Kiwi Juice Banana	Feb 1 Choice of Entrée: Scrambled Egg/Toast  Apple Cinnamon Cheerios with WG Toast V  Fruit Selections: White Grape Juice Apple Wedges	2 Choice of Entrée: Turkey Sausage Breakfast Bagel  Frosted Mini-Wheats with WG Toast V  Fruit Selections: Tangerine Juice Applesauce	3 Choice of Entrée: Chicken Whole Grain Biscuit  Cheese Omelet/Biscuit  Fruit Selections: Assorted Juice Mandarin Oranges

**2016-2017 Elementary Meal Prices**

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal



This institution is an equal opportunity provider and employer.

V = Vegetarian Item

WG = Whole Grain