






DeKalb County School District Smart Bites Health & Wellness Elementary Breakfast Menu October 2017

Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District

MON	TUE	WED	THU	FRI
2 Choice of Entrée: Breakfast Pizza V Apple Cinnamon Cheerios with WG Biscuit V Fruit Selections: Apple Juice Fruit Cocktail	3 Choice of Entrée: Mini Bagel with Cream Cheese Cheese Omelet/Toast With: WG Grits Fruit Selections: Strawberry Kiwi Juice Orange Wedges	4 "Positive Thinking Day" Choice of Entrée Peach Stuffed Biscuit V Turkey Sausage Breakfast Bagel Fruit Selections: White Grape Juice Chilled Peaches	<div style="text-align: center;"> Fall Break  </div>	
	10 Choice of Entrée: Pancake N Link/Syrup Cherry Frudel Fruit Selections: Strawberry Kiwi Juice Orange Wedges	11 Choice of Entrée: Salsa Egg & Cheese Flatbread Cinnamon Chex /Biscuit V Fruit Selections: White Grape Juice Chilled Peaches	12 Choice of Entrée: Chicken Biscuit Frosted Mini Wheats WG Toast V Fruit Selections: Orange Tangerine Juice Fresh Fuji Apple	13 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V Cheese Omelet/ WG Biscuit Fruit Selections: Assorted Juice Assorted Fresh Fruit
16 Choice of Entrée: Sausage & Waffle Sandwich French Toast Sticks/Syrup V Fruit Selections: Apple Juice Fruit Cocktail	17 "Johnny Appleseed Day" Choice of Entrée: Cheese Toast Waffle/Sausage Patty/Syrup Fruit Selections: Strawberry Kiwi Juice Fresh Apple Wedges	18 Choice of Entrée: French Toast Bar V Scrambled Eggs/Biscuit Fruit Selections: White Grape Juice Chilled Peaches	19 Choice of Entrée: Mini Cinni Cheese Breakfast Bagel Fruit Selections: Orange Tangerine Juice Fresh Orange Wedges	20 Choice of Entrée: Go Big Yogurt/ Muffin Top Frosted Flakes Cereal /Muffin Top Fruit Selections: Assorted Juice Assorted Fresh Fruit
23 Choice of Entrée: Breakfast Pizza V Apple Cinnamon Cheerios with WG Biscuit V Fruit Selections: Apple Juice Fruit Cocktail	24 Choice of Entrée: Mini Bagel with Cream Cheese Cheese Omelet/Toast With: WG Grits Fruit Selections: Strawberry Kiwi Juice Orange Wedges	25 "Positive Thinking Day" Choice of Entrée Peach Stuffed Biscuit V Turkey Sausage Breakfast Bagel Fruit Selections: White Grape Juice	26 Choice of Entrée: Apple Frudel V Frosted Mini Wheats/Toast With: WG Grits Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges	27 Choice of Entrée Breaded Beef Biscuit Peach Yogurt with Granola V Fruit Selections: Assorted Juice Assorted Fresh Fruit
30 Choice of Entrée: Turkey Sausage Biscuit Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch Fruit Selections: Apple Juice Fruit Cocktail	 31 Choice of Entrée: Pancake N Link/Syrup Cherry Frudel Fruit Selections: Strawberry Kiwi Juice Orange Wedges	1 Choice of Entrée: Salsa Egg & Cheese Flatbread Cinnamon Chex /Biscuit V Fruit Selections: White Grape Juice Chilled Peaches	2 Choice of Entrée: Chicken Biscuit Frosted Mini Wheats WG Toast V Fruit Selections: Orange Tangerine Juice Fresh Fuji Apple	3 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V Cheese Omelet/ WG Biscuit Fruit Selections: Assorted Juice Assorted Fresh Fruit

2017-2018 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal



This institution is an equal opportunity provider .

V = Vegetarian Item
WG = Whole Grain