



**DeKalb County School District  
Smart Bites Health & Wellness  
Elementary School Lunch Menu  
August 2017**



**Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District**

MON	TUE	WED	THU	FRI
<p>7 <b>Choice Of One Entrée:</b> Galaxy Pepperoni Pizza Galaxy Cheese Pizza V Philly Steak Pinwheel <b>Choice of two-three sides:</b> Mixed Green Salad Whole Kernel Corn Chilled Peaches Fresh Apples Wedges <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>8 <b>Choice Of One Entrée:</b> Mini Cheese Ravioli /Breadstick v BBQ Grilled Chicken Nuggets/ Breadstick <b>Choice of one-four sides:</b> Tossed Salad Steamed Carrots Cinnamon Applesauce Fresh Pears <b>Grab N Go:</b> Chicken Strip Chef Salad</p>	<p>9 <b>Choice Of One Entrée:</b> Beef &amp; Cheese Nachos Cheese Nachos V Grilled Chicken Sandwich <b>Choice of one-four sides:</b> Shredded Lettuce &amp; Tomato Broccoli Fruit Cocktail Fresh Bananas <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>10 <b>Choice Of One Entrée:</b> Chicken Drumstick/Garlic Knot Mozzarella Sticks/ Italian Dipping Sauce v <b>Choice of one-four sides:</b> Lima Beans Collard Greens Chilled Pears Fresh Orange Wedges <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>11 <b>Your Way Friday</b> Chicken A la Orange Or Teriyaki Chicken <i>Served over choice of Asian Yakisoba Noodles or Brown Rice</i> <b>Choice of one-four sides:</b> Oriental Vegetable Blend Green Beans Mandarin Oranges Assorted Fresh Fruit <b>Grab N Go:</b> Asian Chicken Chef Salad</p>
<p>14 <b>Choice Of One Entrée:</b> Breaded Chicken Sandwich Chicken Chili Crispito/Cheese <b>Choice of one-four sides:</b> Shredded Lettuce &amp; Tomato Mexican Pinto Beans Chilled Peaches Fresh Apple Wedges <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>15 <b>Choice Of One Entrée:</b> Wild Mike's Pepperoni Pizza Wild Mike's Cheese Pizza V BBQ Chicken Nuggets/Roll <b>Choice of one-four sides:</b> Mixed Green Salad Glazed Sweet Potatoes Applesauce Fresh Pears <b>Grab N Go:</b> Chicken Strip Chef Salad</p>	<p>16 <b>Choice Of One Entrée:</b> Hamburger Cheeseburger Hot Dog <b>Choice of one-four sides:</b> Curly Seasoned Fries Sliced Carrots Fruit Cocktail Fresh banana <b>Grab N Go:</b> Chargrilled Chicken Chef Salad v</p>	<p>17 <b>Choice Of One Entrée</b> BBQ Poultry/Bun Cheese Dippers/Salsa v <b>Choice of one-four sides:</b> Broccoli Loaded Mashed Potatoes Chilled Pears Fresh Orange Wedges <b>Grab N Go:</b> Chicken Caesar Wrap V</p>	<p>18 <b>Your Way Friday</b> Italian Meat Sauce Or Alfredo Sauce v <i>Served over choice of pasta</i> <b>Choice of one-four sides:</b> Mixed Green Salad Italian Blend Vegetables Mandarin Oranges Assorted Fresh Fruit  Served with: Garlic Breadstick</p>
<p>21 <b>Choice Of One Entrée:</b> Asian Chicken Bites/WG Roll Mini Cheese Calzone/Italian Sauce/Garlic Breadstick V <b>Choice of one-four sides:</b> Steamed Broccoli Mixed Green Salad Chilled Pineapple Fresh Apple Wedges <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>22 <b>Choice Of One Entrée:</b> Chicken Tenders/Breadstick French Bread Cheese Boat V <b>Choice of one-four sides:</b> Garden Salad Green Beans Chilled Peaches Fresh Pears <b>Grab N Go:</b> Fajita Chicken Chef Salad</p>	<p>23 <b>Choice Of One Entrée:</b> Wild Mike's Pepperoni Pizza Wild Mike's Cheese Pizza V Chicken Corndog <b>Choice of one-four sides:</b> Steamed Carrots Black-eyed Peas Applesauce  <b>Fresh Watermelon</b> <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>24 <b>Choice Of One Entrée:</b> BBQ Chicken/Roll Fish Sandwich V <b>Choice of one-four sides:</b> Carrots &amp; Celery Sticks with Ranch Dressing Fresh Sweet Potato Fruit Cocktail Fresh Pear Mixed Green Salad <b>Grab N Go:</b> Chicken Strip Chef Salad</p>	<p>25 <b>You Way Friday—Tacos!</b> Mexican Chicken Classic Mexican Beef <i>Served with choice of Crispy Taco Shell or Soft Tortilla</i> <b>Choice of one-four sides:</b> Shredded Lettuce/Tomatoes Mexicali Corn Mandarin Oranges Assorted Fresh Fruit <b>With: Mexican Rice</b> <b>Grab N Go:</b> Yogurt &amp; Cheese Fruit Plate</p>
<p>28 <b>Choice Of One Entrée:</b> Galaxy Pepperoni Pizza Galaxy Cheese Pizza V Philly Steak Pinwheel <b>Choice of two-three sides:</b> Mixed Green Salad Whole Kernel Corn Chilled Peaches Fresh Apples Wedges <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>29 <b>Choice Of One Entrée:</b> Mini Cheese Ravioli /Breadstick v BBQ Grilled Chicken Nuggets/ Breadstick <b>Choice of one-four sides:</b> Tossed Salad Steamed Carrots Cinnamon Applesauce Fresh Pears <b>Grab N Go:</b> Fajita Chicken Chef Salad</p>	<p>30 <b>Choice Of One Entrée:</b> Beef &amp; Cheese Nachos Cheese Nachos V Grilled Chicken Sandwich <b>Choice of one-four sides:</b> Shredded Lettuce &amp; Tomato Broccoli Fruit Cocktail Fresh Banana <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>31 <b>Choice Of One Entrée:</b> Chicken Drumstick/Garlic Knot Mozzarella Sticks/ Italian Dipping Sauce v <b>Choice of one-four sides:</b> Lima Beans Collard Greens Chilled Pears Fresh Orange Wedges <b>Grab N Go:</b> Charbroiled Chicken Salad</p>	<p>1 <b>Your Way Friday</b> Chicken A la Orange Or Teriyaki Chicken <i>Served over choice of : Asian Yakisoba Noodles or Brown Rice</i> <b>Choice of one-four sides:</b> Oriental Vegetable Blend Green Beans Mandarin Oranges Assorted Fresh Fruit <b>Grab N Go:</b> Mixed Cheese Chef Salad</p>

**2017-2018 Elementary Meal Prices**

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal

**Farm to School—Watermelon**

**Did You Know:**

Watermelon is the Summer's most popular vegetable?.

Watermelon is actually a vegetable related to squash, pumpkins and cucumbers.

1 C watermelon = 46 Calories



Please visit [SchoolCafé.com](http://SchoolCafé.com) to manage your child's School Nutrition meal account.

Please help your student learn their 7 digit account number.

This institution is an equal opportunity provider

V = Vegetarian Item  
WG = Whole Grain