



DeKalb County School District
Smart Bites Health & Wellness
Elementary Breakfast Menu
November 2017

Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District

MON	TUE	WED	THU	FRI
		1 Choice of Entrée: Salsa Egg & Cheese Flatbread Cinnamon Chex /Biscuit V Fruit Selections: White Grape Juice Chilled Peaches	2 Choice of Entrée: Chicken Biscuit Frosted Mini Wheats WG Toast V Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges	3 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V Cheese Omelet/ WG Biscuit Fruit Selections: Assorted Juice Assorted Fresh Fruit
6 Choice of Entrée: Sausage & Waffle Sandwich French Toast Sticks/Syrup V Fruit Selections: Apple Juice Fruit Cocktail	7 Choice of Entrée: Cheese Toast Waffle/Sausage Patty/Syrup Fruit Selections: Strawberry Kiwi Juice Fresh Orange Wedges	8 Choice of Entrée: French Toast Bar V Scrambled Eggs/Biscuit Fruit Selections: White Grape Juice Chilled Peaches	9 Choice of Entrée: Mini Cinni Cheese Breakfast Bagel Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges	10 Choice of Entrée: Go Big Yogurt/ Muffin Top Frosted Flakes Cereal /Muffin Top Fruit Selections: Assorted Juice Assorted Fresh Fruit
13 Choice of Entrée: Breakfast Pizza V Apple Cinnamon Cheerios with WG Biscuit V Fruit Selections: Apple Juice Fruit Cocktail	14 Choice of Entrée: Mini Bagel with Cream Cheese Cheese Omelet/Toast With: WG Grits Fruit Selections: Strawberry Kiwi Juice Orange Wedges	15 Choice of Entrée Peach Stuffed Biscuit V Turkey Sausage Breakfast Bagel Fruit Selections: White Grape Juice Chilled Peaches	16 Choice of Entrée: Apple Frudel V Frosted Mini Wheats/Toast With: WG Grits Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges	17 Choice of Entrée Breaded Beef Biscuit Peach Yogurt with Granola V Fruit Selections: Assorted Juice Assorted Fresh Fruit

Happy Thanksgiving!

27 Choice of Entrée:
 Turkey Sausage Biscuit

 Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch

Fruit Selections:
 Apple Juice
 Fruit Cocktail

28 Choice of Entrée:
 Pancake N Link/Syrup

 Cherry Frudel

Fruit Selections:
 Strawberry Kiwi Juice
 Orange Wedges

29 Choice of Entrée:
 Salsa Egg & Cheese Flatbread

 Cinnamon Chex /Biscuit V

Fruit Selections:
 White Grape Juice
 Chilled Peaches

30 Choice of Entrée:
 Chicken Biscuit

 Frosted Mini Wheats WG Toast V

Fruit Selections:
 Orange Tangerine Juice
 Fresh Apple Wedges



2017- 2018 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal



This institution is an equal opportunity provider .