



**DeKalb County School District
Smart Bites Health & Wellness
Elementary Breakfast Menu
August 2017**



Joyce R. Wimberly, School Nutrition, Executive Director DeKalb County School District

MON	TUE	WED	THU	FRI
<p>7 Choice of Entrée: Turkey Sausage Biscuit</p> <p>Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>8 Choice of Entrée: Pancake N Link/Syrup</p> <p>Cherry Frudel</p> <p>Fruit Selections: Strawberry Kiwi Juice Orange Wedges</p>	<p>9 Choice of Entrée: Salsa Egg & Cheese Flatbread</p> <p>Cinnamon Chex /Biscuit V</p> <p>Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>10 Choice of Entrée: Chicken Biscuit</p> <p>Frosted Mini Wheats /WG Toast V</p> <p>Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>11 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V</p> <p>Cheese Omelet/ WG Biscuit</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>14 Choice of Entrée: Sausage & Waffle Sandwich</p> <p>French Toast Sticks/Syrup V</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>15 Choice of Entrée: Cheese Toast</p> <p>Waffle/Sausage Patty/Syrup</p> <p>Fruit Selections: Strawberry Kiwi Juice Mandarin Oranges</p>	<p>16 Choice of Entrée: French Toast Bar V</p> <p>Scrambled Eggs/Biscuit</p> <p>Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>17 Choice of Entrée: Mini Cinni</p> <p>Cheese Breakfast Bagel</p> <p>Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>18 Choice of Entrée: Go Big Yogurt/ Muffin Top</p> <p>Frosted Flakes Cereal /Muffin Top</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>21 Choice of Entrée: Breakfast Pizza V</p> <p>Apple Cinnamon Cheerios with WG Biscuit V</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>22 Choice of Entrée: Mini Bagel with Cream Cheese</p> <p>Cheese Omelet/Toast</p> <p>With: WG Grits</p> <p>Fruit Selections: Strawberry Kiwi Juice Mandarin Oranges</p>	<p>23 Choice of Entrée: Peach Stuffed Biscuit V</p> <p>Turkey Sausage Breakfast Bagel</p> <p>Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>24 Choice of Entrée: Apple Frudel V</p> <p>Frosted Mini Wheats/Toast</p> <p>With: WG Grits</p> <p>Fruit Selections: Orange Tangerine Juice Fresh Apple Wedges</p>	<p>25 Choice of Entrée: Breaded Beef Biscuit</p> <p>Peach Yogurt with Granola V</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>
<p>28 Choice of Entrée: Turkey Sausage Biscuit</p> <p>Go Big Strawberry Yogurt with Cinnamon Toast Crunch Cereal Pouch</p> <p>Fruit Selections: Apple Juice Fruit Cocktail</p>	<p>29 Choice of Entrée: Pancake N Link/Syrup</p> <p>Cherry Frudel</p> <p>Fruit Selections: Strawberry Kiwi Juice Orange Wedges</p>	<p>30 Choice of Entrée: Salsa Egg & Cheese Flatbread</p> <p>Cinnamon Chex /Biscuit V</p> <p>Fruit Selections: White Grape Juice Chilled Peaches</p>	<p>31 Choice of Entrée: Chicken Biscuit</p> <p>Frosted Mini Wheats WG Toast V</p> <p>Fruit Selections: Blueberry Juice Fresh Apple Wedges</p>	<p>1 Choice of Entrée: Mini Bagels with Strawberry Cream Cheese V</p> <p>Cheese Omelet/ WG Biscuit</p> <p>Fruit Selections: Assorted Juice Assorted Fresh Fruit</p>

2017- 2018 Elementary Meal Prices

Full Paid Breakfast	\$1.40
Reduced Breakfast	\$0.30
Full Paid Lunch	\$2.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.50
Milk	\$0.80

Choice of Milk is available with every meal



**Farm to School:
Blueberries**

Blueberries are an awesome source of many essential nutrients such as vitamin C, manganese, potassium, iron, and many others. Blueberries are also a rich source of antioxidants.

1 C blueberries = 80 calories

schoolcafé

Please visit SchoolCafe.com to manage your child's School Nutrition meal account.

Beginning this school year, students will need to use their assigned 7 digit student ID number for meal service.

This institution is an equal opportunity provider .

**V = Vegetarian Item
WG = Whole Grain**