



# CHESTNUT HILL BASEBALL ROOKIE BALL/QUICK BALL ADVANCED



## ROOKIE BALL/QUICK BALL ADVANCED:

- Baseball-Smart Curriculum
- Max Reps in Minimum Time
- Challenges for All Skill Levels
- Station based skill development
- Supported by coaches from the entry level all the way up to the professional level



## The Most Innovative & Fun Way To Grow Your 7-8 Year Olds' Baseball Skills & Situational Awareness

For ages 7-8, Rookie Ball/Quick Ball Advanced enhances individual and team skills in games that feature time-based rules and execution-based scoring. In just minutes, players experience dozens of meaningful reps as they learn to think on their feet while working together at game speed.

Emphasizing teamwork, skill development and hustle — Rookie Ball/Quick Ball Advanced is continuing to better youth baseball!

### Game Structure STRENGTHENS:

Situational Hitting • Defensive Shifts  
Situational Defense/Turning 2  
Value of Relays • Fielding Strategy  
Bunt Coverage • Cutoffs  
Backing Up Bases • Covering 1st Base  
Keeping the Ball in Front • Rewards of Hustle  
Effective Base Running • Proper Base Turns  
On-field Communication • Leadership  
Teamwork • Having Fun Playing Baseball

**REGISTER TODAY! CHYSC.ORG**