



## **PATIENT RESOURCES AVAILABLE TO FAMILIES DURING COVID-19 PANDEMIC**

[Behavioral Health: CMHB of OP Social Service Resource Guide](#)

[Behavioral Health: What is Telehealth and other information](#)

[Behavioral Health: Crisis Texting](#)

[Behavioral Health: NAMI \(Responding to anxiety due to Coronavirus\)](#)

[Education: CPS update](#)

[Employment: Applying for Unemployment](#)

[Finance: temporary Assistance for Needy Families \(TANF\)](#)

[Finance: comcast Response to support during COVID-19](#)

[Finance: Tips and Information on payment options:](#)

- *If you have credit card payments, please reach out to each of them directly and inform them of your income challenges due to the coronavirus so that they can explain options that would be available to you.*
- *Si usted tiene pagos para tarjetas de crédito, por favor de llamarles directamente y dejarles saber que el ingreso de usted está afectado por el crisis de la Coronavirus para que ellos comparten con usted sus opciones.*

[Food: Resources on meals and pantries](#)

[Food: CPS Free meal information](#)

[Housing: Chicago Family & Support Service \(Rental Assistance\)](#)

[Housing: IL HUD Counseling](#)

[News: National Updates on Coronavirus](#)

[News Update: Illinois Coronavirus \(COVID-19\) Response](#)

[News: City of Chicago Coronavirus Response](#)

[Parenting: How to Talk to Your Kids About Coronavirus](#)

[Parenting: Explaining Coronavirus to Children](#)

[Parenting: Helping our Kid's Disappointment when everything is cancelled](#)

[Safe Place : Domestic Violence Hotline Information: 877-863-6338 or 800-799-7233 \(Safe\)](#)

[Safe Place: Mujeres Latinas en Accion \(Domestic Violence Resources\):](#)

- *Still doing services via online & phone for adults & children 5-12yrs. They also continue to help with court advocates.*
- *Todavía están dando servicios por el internet y teléfono para adultos y niños(as) 5-12 años. También están ayudando con defensores de corte.*

[Transportation : Pace Information](#)

[Transportation : CTA Information](#)