

2023 UNITED HEALTHCARE PCPi MEASURES:

Hemoglobin A1C Control for patients with diabetes (HBD)

Patients 18–75 with diagnosis of Type 1 or 2 diabetes who had an A1C lab test during the year that showed their average blood sugar is under control.

- Last HbA1c level less than < 9.0% during the measurement year

CPT II CODES	
3044	Most recent hemoglobin A1c level <7%
3051F	Most recent hemoglobin A1c (HbA1c) level > or = to 7.0% and less than 8.0%
3052F	Most recent hemoglobin A1c (HbA1c) level > or = to 8.0% and < or = to 9.0%
3046F	Most recent hemoglobin A1c level > 9%

Eye Exam For patients with Diabetes (EED)

Patients 18–75 with a diagnosis of Type 1 or 2 diabetes who had a Retinal eye exam performed during the measurement year. Any of the following:

- Retinal/dilated eye exam during the current year
- Negative (retinopathy) retinal or dilated eye exam year prior to the measurement year by an optometrist or ophthalmologist
- Bilateral eye enucleation
- Automated eye exam by any provider during the current year.

CPT II CODES	
2022F	Dilated Retinal Exam with interpretation by an ophthalmologist or optometrist documented and reviewed, with evidence of retinopathy
2023F	Dilated Retinal Exam with interpretation by an ophthalmologist or optometrist documented and reviewed, without evidence of retinopathy
2072F	Low risk for retinopathy (no evidence of retinopathy in the prior year)

COMMON EXCLUSION CODES		
Polycystic Ovarian Syndrome		Frailty or Advanced Illness Criteria met
Gestational Diabetes		Institutional Skilled Nursing Facility Admission
Steroid Induced Diabetes		Hospice or Palliative Care

Breast Cancer Screening (BCS)

Women ages 50–74 who had a mammogram performed in the past 27 months.

CPT II CODES	
3014F	Screening mammography results documented and reviewed.

COMMON EXCLUSION CODES		
History of Bilateral Mastectomy	Z90.13	[Z90.13] Acquired absence of bilateral breasts and nipples
Absence of Left Breast	Z90.12	[Z90.12] Acquired absence of left breast and nipple
Absence of Right Breast	Z90.11	[Z90.11] Acquired absence of right breast and nipple

Medication Adherence for Cholesterol (Statins)

Patients 18 years and older with a prescription for a statin medication who fill their prescription often enough to cover 80% or more of the time they are supposed to be taking the medication.

Exclusions:

- Members in hospice or using hospice services
- End Stage Renal Disease (ESRD): N18.5, N18.6, Z99.2
- Dialysis

Medication Adherence for Diabetes Medications

Patients 18 years and older with at least 2+ prescription fill for diabetes medication (excluding insulin) who fill their

prescription often enough to cover having diabetes medication(s) on hand at least 80% of the time during the measurement period. Medication Classes included: biguanides, sulfonylureas, thiazolidinediones, DiPeptidyl Peptidase (DPP)-4 Inhibitors, GLP-1 receptor agonists, Meglitinides and sodium glucose cotransporter 2 (SGLT2) inhibitors.

Exclusions:

- Members in hospice/ hospice services
- End Stage Renal Disease (ESRD): N18.5, N18.6, Z99.2
- Dialysis
- One or more prescription claims for insulin

Medication Adherence for Hypertension (RAS antagonists)

Patients 18 years and older who adhere to their prescribed drug therapy for renin angiotensin system (RAS) antagonists who fill their prescription often enough to cover 80% or more of the time they are supposed to be taking the medication: angiotensin converting enzyme inhibitor (ACEI), angiotensin receptor blocker (ARB), or direct renin inhibitor medications.

Exclusions:

- Members in hospice/ hospice services
- End Stage Renal Disease (ESRD): N18.5, N18.6, Z99.2
- Dialysis
- One or more prescription claims for sacubitril/valsartan (Entresto®)

Statin therapy for patients with Cardiovascular Disease (SPC)

Males 21-75 and females 40-75 years of age who are identified as having clinical ASCVD and met the following criteria: received Statin therapy, dispensed at least one-high intensity or moderate-intensity statin medication, and remained on medication for at least 80% of the treatment period.

Exclusions:

- Members in hospice/ hospice services
- (ESRD): N18.5, N18.6, Z99.2
- Dialysis
- Myalgia, myositis, myopathy, or rhabdomyolysis
- Cirrhosis

Statin use in person with Diabetes (SUPD)

Percent patients 40- 75 years old who were dispensed at least two diabetes medication fills and who receive at least 1 fill of a statin medication fill during the measurement period.

Exclusions:

- Members in hospice/ using hospice services or palliative Care
- End Stage Renal Disease (ESRD): N18.5, N18.6, Z99.2
- Dialysis
- Rhabdomyolysis or myopathy

- Pregnancy, lactation, or fertility
- Cirrhosis: K70.30, K70.31, K71.7, K74.3, K74.4, K74.5, K74.60, K74.69
- Pre-diabetes
- Polycystic ovary syndrome (PCOS)

Colorectal Cancer Screening (COL)

Patients 45–75 who had appropriate screening for colon cancer. Any of the following:

- Annual FOBT testing
- FIT-DNA in the past three years
- CT Colonography in the past five years
- Flexible Sigmoidoscopy in the past five years
- Colonoscopy in the past 10 years
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CPT II CODES	
3017F	Colorectal cancer screening results documented and reviewed

COMMON EXCLUSION CODES		
Colectomy	Z85.038	[Z85.038] Hx of Malignant Neoplasm of Large Intestine
Colectomy	Z85.048	[Z85.048] Hx of Malignant Neoplasm of Rectum, Rectosigmoid Junction & Anus
Advanced Illness	C18.0	[C18.0] Malignant Neoplasm of Cecum
Advanced Illness	C18.4	[C18.4] Malignant Neoplasm of Transverse Colon
Advanced Illness	C18.6	[C18.6] Malignant Neoplasm of Descending Colon
Advanced Illness	C18.7	[C18.7] Malignant Neoplasm of Sigmoid Colon
Advanced Illness	C18.9	[C18.9] Malignant Neoplasm of Colon, Unspecified
Advanced Illness	C20	[C20] Malignant Neoplasm of Rectum
Advanced Illness	C21.8	[C21.8] Malignant Neoplasm of overlapping sites of Rectum, Anus and Anal Canal
Advanced Illness	C78.5	[C78.5] Malignant Neoplasm of Large Intestine

CAHPS® Measure - Getting Needed Care

- How often did you get an appointment to see a specialist as soon as you needed?
- How often was it easy to get the care, tests, or treatments you needed?)

CAHPS® Measures - Care Coordination Survey Questions Address:

- Whether the personal doctor is informed and up to date about care you received from other health care providers
- Whether the doctor had medical records and other information about the member's care (Medicare only)
- Whether there was follow-up with the member to provide test results (Medicare only)
- How quickly the member got the test results (Medicare only)
- Whether the doctor spoke with the member about prescription medicines (Medicare only)
- Whether the member received help managing care (Medicare only)

CAHPS® Measures - Doctor Patient Conversation

- Did your doctor or other health provider talk to you about how to prevent falls or treat problems with balance or walking?
- Did your doctor or other health provider talk to you about ways to better control leaking of urine?
- During your visit, did your doctor or other health provider advise you to start, increase or maintain your exercise level?

