

# Arete School Counseling

August 2022

## School Counseling

### *Who Are We?*

Welcome to Arete School Counseling! We hope that you all have an amazing summer. Please come see us in our offices in the admin building, just to the left of the admin desk in the front office. A little bit about us:

#### Susan Shunk, MC, NCC

Susan is finishing up her 5<sup>th</sup> year as an Arete counselor. She was one of the original Great Hearts school counselors and has helped create the Great Hearts school counseling program, which all Arizona campuses now have. Susan received her Master's of Counseling in 2006 from ASU. She spends her time watching Formula 1 and relaxing by the pool with her husband, three children and dog, Doodles the Poodle.

#### Kim Bellomy, LMSW

Kim joined the counseling office this year after spending the last 7 years as part of the PSO. She is also one of the Arete Prep soccer coaches, spending the last 4 years at the Middle School Boys A coach and this year as the Women's Varsity Coach. She received her Master's in Social Work in 2001 from ASU after serving 2 ½ years in the Peace Corps in Burkina Faso. She loves her dog (Pismo), her 3 cats (Obi, Jango, and Tip), and her family.

**Office Needs:** Our office gladly accepts all non-perishable food donations. Items such as granola bars, fruit snacks, chips and crackers are highly desirable! Thank you for supporting the counseling office!



## Crisis Numbers

*Crisis Response Network*  
602-427-4600

*Terros Mobile Crisis*  
602-222-9444

*Teen Lifeline* (call or text)  
602-248-8336

*Trevor Project*  
[www.thetrevorproject.org](http://www.thetrevorproject.org)  
1-866-488-7386

*Emergency*  
911