



## **In Everything Give Thanks!**

*By Rev. Cynthia A. Burns*

I hear in my heart the words, *Let my mouth be filled with thy praise and with thy honor all the day* **Psalm 71:8**.

There is so much in life that we can view through a negative eye, which then can become the words of our mouth if we let it. Words can become negative, filled with depression, filled with all the negative things going on around us.

It is at this point that we need to **STOP!** We can choose to stop our minds from thinking about the wrong things. We need to stop our mouths from speaking what it wants and stop our actions from reflecting what we are thinking.

The bible is clear that we are to “Let this mind be in you which was in Christ Jesus...” **Philippians 2:5** NKJV. *I cannot see Jesus complaining about His life or letting His words be stout against God.* Not in the least! Jesus said, “...*The Father... gave me a command, what I should say and what I should speak* **John 12:49** NKJV. Speak the word only **Matthew 8:8c**. ***Let His praises fill your hearts, minds and rise out of your mouths.***

As free moral agents we can choose to speak what we feel, see, and hear along with all of the negatives OR we can choose to give thanks in everything. Certainly we do not give thanks for everything

but we can praise and thank God **IN** the midst of everything **1 Thessalonians 5:18** NKJV). It is always your choice!

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