

Quit tobacco with Group Quit.

There's never been a more important time to quit.



In-Person Group Sessions



Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

*if medically appropriate for those 18 years of age or older

Group Schedule:

One-Time In-Person Group Quit Session

Florida DOH Pinellas - Mid County
8751 Ulmerton Road, Largo
Thursday, June 12, 2025
12:00pm - 2:00pm

HCA - Northside Hospital
6006 49th Street North, St. Petersburg
Wednesday, June 18, 2025
10:00am - 12:00pm

CareerSource Pinellas
2312 Gulf to Bay Blvd., Clearwater
Friday, June 27, 2025
1:00pm - 3:00pm

Registration is required.

Call the GNAHEC office or register online:
tobaccofreeflorida.com/groupquitcalendar

Sponsored by:



**GULFCOAST NORTH
AREA HEALTH
EDUCATION CENTER**

For more information on Group Quit sessions, contact:

Gulfcoast North AHEC
813-929-1000



**Florida
HEALTH**

Learn more about all of
Tobacco Free Florida's tools and services at
tobaccofreeflorida.com/quityourway