



**McClellan, California**

*To inspire each student to extraordinary achievement every day*

**RESOLUTION NO. 1062**

**In Recognition of National Mental Health Awareness Month**

**May 2022**

**WHEREAS**, approximately 1 in 5 youth aged 13–18 (21.4%) experiences a severe mental disorder at some point during their life. For children aged 8–15, the estimate is 13%, according to the National Alliance on Mental Illness; and

**WHEREAS**, mental illness includes such conditions as schizophrenia, depression, anxiety and post-traumatic stress disorders; and

**WHEREAS**, schools and other educational agencies are feeling the adverse effects of mental illness on students, families and communities. The National School Boards Association reports, “The odds are, therefore, that every classroom in every school has at least one student with a mental health disorder. Of those who have a mental health disorder, only one out of five will receive any treatment.”

**WHEREAS**, an environment of acceptance of the reality, prevalence and effects of mental illness in the home, school and community environments is essential to the development of supportive approaches towards those who suffer from mental illness; and

**WHEREAS**, the district has long been committed to providing enhanced mental health services and supports to our students and families; and

**NOW, THEREFORE BE IT RESOLVED**, that Twin Rivers Unified School District in Sacramento County, California, hereby issues this Resolution in recognition of May 2022 as National Mental Health Awareness Month, and strongly supports ongoing teacher and administrator training to improve the understanding of child emotional and mental health needs with emphasis on the importance of establishing a school climate conducive to good mental health.

**PASSED and ADOPTED** by the Governing Board of the Twin Rivers Unified School District on the 10th day of the month of May 2022 by the following vote.

AYES:  
NOES:  
ABSTAIN:  
ABSENT:  
ATTEST:

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Michelle Rivas  
Twin Rivers USD Governing Board President

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Christine Jefferson  
Twin Rivers USD Governing Board Clerk