

StAMINA

**SAVE
THE
DATE.**



September 15, 2018
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Save the Date for the StAMINA Youth Mental Health Ideathon!

StAMINA (Student Alliance for Mental Health Innovation and Action) is excited to announce an upcoming event based on the findings of their unique, youth-focused research study into Kentucky's student mental health challenges.

Taking place on **September 15th** (after the KHC's September 11th Forum featuring the first look into students' own perceptions surrounding youth mental health issues), the **StAMINA Youth Mental Health Ideathon** will incorporate a structured "design-thinking" model. Based, in part, on the results of StAMINA's research study, the Ideathon will gather and guide community stakeholders to systematically brainstorm and develop the most promising ideas for new policies and programs that address a specific challenge area in Kentucky youth mental health services.

Ideathoners will participate in preliminary brainstorming with their team members on a video call before the event. Then, on the day of the Ideathon, we'll have presentations about StAMINA's research and the design thinking process to kick off the event. Teams will spend the bulk of the day shaping and refining their ideas. The event will conclude with presentations, a community vote, and awards for the winning ideas. More details and the registration form are soon to come. **Sign up to receive StAMINA Ideathon updates [here](#).**

We hope you attend both the KHC Community Forum on 9/11 and the StAMINA Ideathon on 9/15 to make meaningful progress in youth mental health!