

# Resource GUIDE



## Food Assistance Resources

Due to the ongoing Federal Government Shutdown, Mayor John Whitmire and the City of Houston want to ensure that families have access to reliable food distribution information. Below is a Food Assistance Resource Guide compiled from responses received through our community and Minister's Advisory Board partners. This guide includes local food assistance programs and food pantries, along with their dates, times, and contact information. Please feel free to share this information with families, congregations, or community members who may benefit from it.

**Last Updated: Monday 3, 2025**

### Faith-Based Organizations and Food Pantries

Local churches and faith-based organizations provide free food with no paperwork required. Services include food pantries and community resources. Most operate multiple days per week during regular business hours.

#### **Living Water International Apostolic Ministries**

7802 Jensen Drive, Houston, TX 77093

Services: Food pantry, veteran housing, and community resources

Phone: 281-936-8175 (Call for appointment)

#### **Jacinto City Food Pantry**

1026 Mercury Drive, Jacinto City, TX 77029

Monday, Wednesday, Friday: 9:00 AM – 12:00 PM

Phone: 713-485-6640

#### **Spring Community Food Pantry**

2670 Spring Creek Drive, Spring, TX 77373

1st Wednesday: 1:30 PM – 3:00 PM | 4th Saturday: 11:00 AM – 1:30 PM

Phone: 281-947-2670

#### **The Church Without Walls – North Campus**

5314 Bingle Rd, Houston, TX 77092

Saturdays: 10:00 AM – 12:00 PM (or until supplies run out)

#### **Vision Church Houston**

4139 Kewanee St., Houston, TX 77051

Thursday, Nov 6 & 13: 10:00 AM – 12:00 PM

Phone: 713-777-8464

#### **Wesley Community Center**

1235 Lorraine St, Houston, TX 77009

Wednesdays & Fridays: 9:00 AM – 12:00 PM (drive-up or walk-up)

Thursdays: 9:00 AM – 12:00 PM (by appointment: 713-236-9008)

3rd & 4th Saturdays: 9:00 AM – 12:00 PM | Website: [wesleyhousehouston.org/food-programs](https://wesleyhousehouston.org/food-programs)

**Bread of Life Inc.**

November 1: 10:00 AM – 12:00 PM (Food only)

November 15: 8:00 AM – 12:00 PM (Food & Supplies)

Website: [breadoflifeinc.org](http://breadoflifeinc.org)

**Good Hope Church**

3015 N. MacGregor Way, Houston, TX 77004

Saturdays: 9:00 AM – 12:00 PM

Phone: 713-524-6578 | Website: [goodhope.org](http://goodhope.org)

**Hope City Church****Sunnyside Health and Multipurpose Center**

4410 Reed Rd, Houston, TX 77051

Nov. 5, 5 p.m. (Hot Meals until supplies last)

**Carverdale Community Center**

9920 Porto Rico Rd, Houston, TX 77041

Nov. 7, 5 p.m. (Hot Meals until supplies last)

Contact Anthony Minor (832) 925-9394

## More Food Assistance Resources

### Houston Food Bank

Houston Food Bank partners with community organizations and hosts direct events throughout November. Distributions include fresh and packaged foods. All services are free.

**Community of Faith Church**

1024 Pinemont Dr., Houston, TX 77091

November 6, 13, 20: 3:00 PM – 7:00 PM

**West Houston Assistance Ministries (WHAM)**

10501 Meadowglen Lane, Houston, TX 77042

November 3, 10, 17, 24: 8:00 AM – 12:00 PM

**Houston Food Bank Large Distribution Events:**

November 1 | 9:00 AM – 1:00 PM | NRG Yellow Lot – 9003 S. Main St.

November 5 | 3:00 PM – 7:00 PM | Bear Creek Pioneer Park

November 8 | 8:00 AM – 12:00 PM | HISD (Hattie Mae) – 4400 W 18th St.

November 12 | 3:00 PM – 7:00 PM | Bear Creek Pioneer Park

November 15 | 8:00 AM – 12:00 PM | HISD (Hattie Mae)

Visit: [houstonfoodbank.org](http://houstonfoodbank.org)

### YMCA Food Assistance

The YMCA provides free food assistance at multiple locations throughout Harris County. No income requirements or paperwork needed.

**Willow Creek Apartments**

7575 Office City Drive, Building #66, Houston, TX 77012

Monday & Tuesday: 9:00 AM – 1:00 PM

**Tellepsen Family Downtown YMCA**

808 Pease St., Houston, TX 77002  
Tuesday & Thursday: 9:00 AM – 1:00 PM

**Mission Woods Pantry**

25469 Borough Park Drive, Spring, TX 77380  
Monday, Wednesday & Friday: 9:00 AM – 1:00 PM  
Thursday: 9:00 AM – 11:00 AM (Produce only)

## **Additional Resources**

[United Way – Special Distributions](#)

[Houston Food Bank – Special SNAP Distributions](#)

[Find Food in Your Area](#)

## **Volunteer Opportunities**

Houston Food Bank needs volunteers for Nov 5, 8, and 12. Sign up at [houstonfoodbank.org/volunteer](https://houstonfoodbank.org/volunteer)

Thank you for your continued partnership and care for our community! More resources and distribution events will be shared soon — please stay connected with local community partners for updates.