

TEMPLE BETH EL

# VirtSHUL

Your up-to-date guide to all  
things TBE during the  
Coronavirus Pandemic.

# Prayer

## The Latest Words of Torah from Rabbi Braun



Updated 7/2/2020

## Recommended Streaming Service Option

B'nai Jeshurun in New York City broadcasts Kabbalat Shabbat services at 6:30PM and Shabbat and Holiday Morning services at 10:00AM via Livestream. Go to <https://www.bj.org/live/>

## TBE Brotherhood Morning Minyan

**Dates:** Every day except Shabbat and Yontif

**Time:** 8:00am

**Login Info:** <https://zoom.us/j/98421974937>

Be one in a minyan! Our own Tom Berman will be continuing to hold the TBE Brotherhood's morning minyan service at 8am Sunday through Friday except Shabbat and Yontif.

# Prayer

## Shabbat Niggun

**Date:** Fridays July 10, August 7

**Time:** 5:30pm

**Login Info:** Contact [office@tbemaine.org](mailto:office@tbemaine.org) or check TBE-mail for the Zoom link

"Because the essence of prayer is a song, and man cannot live without a song." - Abraham Joshua Heschel

In our current circumstances, many of us miss singing together. Join TBE for a spiritual, singing Kabbalat Shabbat followed by Ma'ariv. No experience required, no auditions necessary.

## Monthly Shabbat Morning Services

**Dates:** Saturdays July 18, August 15

**Time:** 9:30am

**Login Info:** Contact [office@tbemaine.org](mailto:office@tbemaine.org) or check TBE-mail for the Zoom link

Join Rabbi Braun and our beloved Saturday morning minyan for Shabbat morning services. All are welcome!

## Statewide Kabbalat Shabbat

**Dates:** Fridays July 31, August 28

**Time:** 6:30pm

**Login Info:** TBA

Find more information about the Center for Small Town Jewish Life [HERE](#).

# TBE News

TBE's Building remains closed to the public. You can still reach us by leaving a voicemail at 207-774-2649 or by emailing [office@tbemaine.org](mailto:office@tbemaine.org).

## **Shofar**

Interested in reading the latest news from TBE? Check out the Summer edition of the Shofar [HERE](#).

## **Introducing Zoe Levine Sporer!**

Zoe began as TBE's full time Administrator (replacing Jill Epstein) on July 1. Zoe grew up in the Bay Area but has been in Portland for the past five years. You may recognize her from her work as a Barista at Bard Coffee, or from her participation in TBE programs and services over the past few years. You can reach Zoe at [office@tbemaine.org](mailto:office@tbemaine.org) or by leaving a message at 207-774-2649.

## **Would you like to borrow a Siddur?**

Several congregants have asked if they can borrow a Siddur Lev Shalem to use during Zoom services. If you are interested in having a prayer book at home until we are able to meet again in person, please contact the office at [office@tbemaine.org](mailto:office@tbemaine.org) or by calling 207-774-2649 to leave a message and we can arrange to get one to you.

# Social Connection

## Coffee Klatsch with Rabbi

**Dates:** Extended through July! Wednesdays 7/8, 7/15, 7/22, 7/29

**Time:** 10 – 11:00am

**Login Info:** [https://zoom.us/j/96643311953?  
pwd=bmZQOS81QlRlWW9mNGsxbWRzYXpCdz09](https://zoom.us/j/96643311953?pwd=bmZQOS81QlRlWW9mNGsxbWRzYXpCdz09)

Relax, grab a cup of coffee, something yummy, and join Rabbi Braun for some company and casual conversation.

## Spirits and Spirits

**Dates:** Thursdays 7/9, 8/13

**Time:** 5:30pm

**Login Info:** [https://zoom.us/j/228515480?  
pwd=R3Z2NzdjeDJSR2lvYkE5Q3VSN2R0dz09](https://zoom.us/j/228515480?pwd=R3Z2NzdjeDJSR2lvYkE5Q3VSN2R0dz09)

"We start as dust, we end as dust. In the meantime, let's have a drink." Make yourself a beverage, get comfortable, and let's have meaningful conversation Jewishly. L'chaim!

# Recommendations

## Online Jewish Learning

### Ten Minutes of Torah

Rabbis and Jewish leaders from around the state of Maine provide 10 minutes of Torah every day. Click [HERE](#) to watch.

### PJ Library Resources for Families

The PJ Library website has lots of great ideas for families including story times, craft-alongs and virtual field trips. Check them out [HERE](#).

### A Conversation with Daniel Tchetchik

Daniel Tchetchik is a staff photographer and editor of the photography blog at Haaretz newspaper in Israel. Tchetchik speaks about a series of images taken throughout his career, and about how recent events have shaped his life and work. Sponsored by the Center for Small Town Jewish Life. Click [HERE](#) to watch.

### University of Haifa Intensive Summer Hebrew and Arabic Classes

Want to work on your Hebrew or Arabic this summer? Summer intensive classes are Monday to Thursday, 11am – 2:30pm EST from July 20 to August 20. As of 6/2 the university was offering 50% – a great deal! More info [HERE](#).

### Queer Talmud Camp: Diaspora Edition

Queer Talmud Camp is a gathering of queer folks, radicals, and seekers who come together for five days to immerse themselves in rigorous yeshiva-style learning in warm, loving, and joyful community. At Queer Talmud Camp we build a vibrant learning space that celebrates queer culture, cultivates inter-generational relationships, and reveals the deeply rooted radical queerness of the Jewish tradition. Queer Talmud Camp: Diaspora Edition is an online 5-day experience from August 2-6, 2020. Learn more [HERE](#).

# Recommendations

## **Funtensive 2020 - Center for Small Town Jewish Life**

This summer the Center for Small Town Jewish Life is offering an entertaining and engaging online summer learning opportunity for kids ages 5-11! Each day of the week will offer songs, stories, Hebrew games, and crafts. This free program runs July 13-17, from 9-10am. Find required registration information [HERE](#).

## **Reading Yiddish Poetry in Translation - Congregation Bet Ha'am**

Join Emily Mazza to explore English translations of Yiddish-language poetry. The class will discuss interpretations of the texts; Yiddish-to-English translation practices and linguistics; themes concerning the Holocaust; Jewish life in Eastern Europe and the United States; and religious interpretation. All poems will be available in English with the original Yiddish text and transliteration, as well as audio recordings, if available. No previous knowledge of Yiddish required, only interest and enthusiasm in the topic!

Wednesdays July 15, 22, 29, and August 5 from 4:00-5:00 p.m.

Class limited to 20 participants. Find registration information [HERE](#). Email Bet Ha'am with any questions. Office email [HERE](#).

## **Old, New Hate: The Face of Anti-Semitism Today with Rabbi David Sandmel**

Rabbi David Sandmel will explore current trends in antisemitic attitudes and incidents in order to answer the question "Is anti-Semitism on the rise?"

A free online program co-sponsored by the Maine Jewish Museum, JCA of Southern Maine, and the ADL of New England.

Thursday, July 16th at 7:00 PM. Find further event and required registration information [HERE](#).

# Recommendations

## Around the Jewish Community

### **SMJCA (Southern Maine Jewish Cemetery Association)**

There are so many people buried at Mount Sinai and Smith Street Cemeteries whose stories are lost to time. Often, the only thing we have are their names and some dates. How wonderful it would be if we could collect some of their stories and photos! SMJCA will post a photo of a headstone and share what info we have about them. If you have a story, information or a photo, please share them with [info@smjca.org](mailto:info@smjca.org).

Today we share the headstone of Barney (Bernard) Silverman (1/17/1915 – 2/11/1943). Click [HERE](#) to read more about Barney and his family.

### **Maine Jewish Museum Pop-Up**

While repairs take place to the museum and synagogue, the Maine Jewish Museum is excited to announce its pop-up initiative. Located at 67 Washington Avenue (Portland) the exhibit includes pieces by Alex Sax & Jane Sutherland, Meghan Nathanson, and Clara Cohan. The pop-up will run Thursday, Friday, Sunday & Monday: 11am -5pm and Saturday: 11am - 6pm. This limited engagement is only expected to run only until mid-July, so catch it while you can!

# Recommendations

## Local Resources

### **Mainers Together Facebook Group**

Mainers Together is connecting people with services, delivering groceries and supplies, and providing some financial assistance. If you have a need, please reach out using the confidential form on the website. If you have time or financial stability, you can sign up to volunteer or donate. More information [HERE](#).

### **Portland Summer Meals Program**

No-cost breakfast and lunch for individuals under 18. More information [HERE](#).

### **Volunteer shoppers available for Portland seniors (65+)**

Contact Linda Weare, Director, Portland Office of Elder Affairs  
207-541-6620 or [lsw@portlandmaine.gov](mailto:lsw@portlandmaine.gov)

Or contact [office@tbemaine.org](mailto:office@tbemaine.org) if you'd like to request some shopping assistance from one of your fellow TBE members! Many people have offered and would be happy to assist.

# Recommendations

## Local Resources

### **Resources for food delivery and/or curbside pick up:**

#### **Portland Food Map**

Online restaurant guide, including options for take-out, delivery, and indoor/outdoor dining. Updated regularly. More information [HERE](#).

#### **Southern Maine Farm to Home Table Sales and Barter Group**

Facebook group dedicated to the sale of farm products directly from the farm to the consumer. Including but not limited to dairy, meat, produce, honey, eggs, and baked goods. More information [HERE](#).

#### **Portland Farm Drop**

Order from local farms and producers online. Pick up order on Thursdays in Portland. More information [HERE](#).