

# GO OUTSIDE AND PLAY!

WITH PADDLE PILGRIM DAVE ELLINGSON



## GO OUTSIDE AND PLAY! A DESERT SOJOURN RETREAT

*Dave's exasperated mom used to tell her antsy son, "Go outside and play!" Maybe we all still need that prompting. This retreat explores the meaning of and puts into practice those wise words.*

**GO...** You will deepen your experience of the Great Commission of Jesus and follow him into the world.

**OUTSIDE...** You will go outdoors and experience God's good creation in the desert, on the water\*\*, and by the pool.

**PLAY...** You will reconnect with your *inner child* and stretch your heart and mind through playful activities.

Join Dave on his adventures, hear the stories of new friends, and imagine new adventures as you "Go outside and play!"

**\*\*Retreat includes an afternoon nature cruise on Saguaro Lake's Desert Belle!**



Spirit in the Desert Retreat Center, located in a beautiful and peaceful Arizona desert setting, hosts programs and retreats for participants of all faiths and traditions to experience reconciliation, renewal, healing, and transformation.



### WHEN

**Sunday - Wednesday,  
March 13-16, 2022**

### WHERE

**Spirit in the Desert  
Retreat Center**

7415 E Elbow Bend Road,  
Carefree AZ 85377

### COST

**Price per person:**

1 person, private room : \$625 ea  
2 people, 2 in a room : \$520 ea  
3 people, 3 in a room : \$435 ea

Price includes: 3 days programming, 3 nights lodging & 9 meals (3 breakfast, 3 lunch, 3 dinner) & ticket for and transportation to Desert Belle

### REGISTER

**Call (480) 488-5218**



**Dave Ellingson**, the Paddle Pilgrim, has taught courses in spirituality, environmental ethics, human development, and youth ministry at Trinity Lutheran College in Everett, Wash. He is a Lutheran pastor, author, Master Gardner, former distance runner and triathlete, and has a Doctorate in Holistic Health. Dave is married and father of five grown children. He lives in Edmonds, WA. For more info on Dave, visit [www.paddle-pilgrim.com](http://www.paddle-pilgrim.com).

Dave Ellingson is the author of seven books, including three Paddle Pilgrim kayak adventures; *Say What? A Fresh Look at Old Sayings*; *Biblical Wisdom for a Digital Age*; *My Body, My Life*; and his latest, *Grizz and His Friends*, about a big, old bear with lots of friends.