

THE GIFT OF YEARS

TRANSFORM
YOUR STORY OF
AGING FROM
ONE OF
DISAPPOINTMENT
TO ONE OF
POSSIBILITY,
MASTERY &
PURPOSE

THE GIFT OF YEARS : A DESERT SOJOURN RETREAT

The GIFT OF YEARS retreat helps you transform your story of aging with mastery and purpose and learn to live abundantly in the years to come.

Are you struggling with the concept of aging? You're not alone. Let this retreat help you transform your story of aging from one of loss, disappointment and decline to one of possibility, mastery and purpose! It is really all about learning to live each day fully. The goal is that you leave with a new perspective on your own remaining years and a commitment to continue to grow on your path as you age. Retreat leader Margaret Schroeder will provide some tools to help you live abundantly in your remaining years.

"Our spiritual obligation is to age well, so that others who meet us have the courage and spiritual depth to do the same." —Joan Chittister

THE TOOL KIT FOR AGING ABUNDANTLY

Awareness
Acceptance
Appreciate
Accessible
Accomplish
Abundance
Attitude

Spirit in the Desert Retreat Center, located in a beautiful and peaceful Arizona desert setting, hosts programs and retreats for participants of all faiths and traditions to experience reconciliation, renewal, healing, and transformation.



A life-long learner, **Margaret Schroeder** grew up in southern Minnesota on a family farm where she began her learning in a country school. This is also where her love of nature was first kindled. She began her formal education at St. Olaf College, and then transferred to the University of Minnesota where she received her BS. She began her varied career as a teacher, then transitioned into the financial services industry and finally to retreat leader and minister. Along the way, Margaret realized having wealth does not always bring peace and security and was drawn to study theology. She received her Master's in Theological Studies, became ordained, and is also a trained spiritual director.

WHEN

**Monday - Wednesday,
February 28 - March 2, 2022**

WHERE

**Spirit in the Desert
Retreat Center**
7415 E Elbow Bend Road,
Carefree AZ 85377

COST

Price per person:

1 person, private room : \$385 ea
2 people, 2 in a room : \$315 ea
3 people, 3 in a room : \$285 ea

Price includes: 3 days programming, 2 nights lodging & 6 meals (2 breakfast, 2 lunch, 2 dinner)

REGISTER

Call (480) 488-5218