



BREAKING THROUGH
CONSULTING & COACHING

SELF PILLAR | A FOCUSED FIRST STEP

Breaking Through VIP Intensive

Focused clarity for the challenge, decision, or transition that cannot wait.



Everyone depends on you. Where do you go when you're the one who needs somewhere to think?

The Intensive is a private, 90-minute-deep dive that creates space to see what is happening underneath the pressure, reconnect with what matters, and choose what comes next with greater clarity and ownership.

THIS IS FOR YOU, IF:

- One decision, transition, or leadership challenge is consuming too much energy.
- You are privately feeling stuck, doubtful, overloaded, or disconnected.
- You want a meaningful result before choosing a longer coaching relationship.

THE EXPERIENCE:

ENGAGE

See the pressure, patterns, and priorities shaping this moment.

ENVISION

Reconnect with your values, purpose, and what you want to create.

EXECUTE

Clarify the right choice, conversation, boundary, or action that moves you forward.

WHY BREAKING THROUGH CONSULTING & COACHING

Most leadership development begins with what you should do differently. Breaking Through begins with the human being underneath the challenge. Growth does not require rejecting who you are. It begins by seeing and embracing who you are—strengths, imperfections, history, emotions, and all—then choosing intentionally what comes next.

YOU LEAVE WITH:

A clearer view of what is really happening.

Priorities grounded in what matters most.

A more intentional decision or next move.

A conversation about the right path forward.

90-MINUTES

Private and confidential

\$997

Standalone investment

CONTINUING PATH

If you continue into the Breaking Through Moment Group Coaching, the Intensive may serve as your first payment.

Ready to make room for clarity?

Begin the conversation at StartBreakingThrough.com

TOOLS &
TIPS

