



### **Help Your Neighbors In Need**

*Do you want to help during the pandemic, but don't know where to start? Here are a handful of local organizations that need your help!*

### **Meals on Wheels Etc. Update on COVID-19**

Meals on Wheels, Etc. is working hard to ensure vulnerable, homebound Seminole County seniors continue to receive a nourishing meal and the support services they need during the coronavirus pandemic.

Donations from supporters such as yourself will help ensure they can continue to meet the needs of the elderly neighbors in our community. No donation is too small.

<https://www.mealsetc.org/news/2020/03/20/update-from-us-on-covid-19/>

### **Christian HELP Employment & Resource Center**

Non-perishable food items are needed to supplement the boxes of fresh food (meat, poultry, dairy and produce) given out to hundreds of families every week at Christian HELP. The distribution of groceries reduces hunger and helps families reroute what little money they may have to rent, utilities and other essentials.

To learn more about Christian HELP's work and how to help during COVID-19, visit

<https://www.christianhelp.org/covidhelp>

### **MicheLee Puppets**

MicheLee Puppets is providing free 10-minute video chats for your child to interact live with a character from MicheLee Puppets, among many other great resources. If you would like to make a tax deductible donation to support MicheLee Puppets, visit

<https://micheleepuppets.org/donate/>

### **CareerSource Central Florida Resources for Career Seekers and Employers**

Visit CareerSource Central Florida's Coronavirus Support page for assistance with applying for reemployment benefits, virtual services, business resources, COVID-19 information, and community resources.

## **IMPOWER**

IMPOWER offers a continuum of mental health and child well-being programs and remains fully operational throughout this crisis.

You can help in the following ways:

- Grocery Gift cards and emergency funds for food and basic needs at The Village, its transitional housing program for homeless youth (more than 75% of The Village youth have lost employment and income).
- Board games, movies, video games and sports equipment to help teens dealing with addiction at The Grove stay active and focused on treatment and recovery.
- Additional PPE needed, specifically masks for the residential programs and “essential” staff still having to work in the field.
- Shop from IMPOWER's Amazon Wish List:  
[https://smile.amazon.com/hz/charitylist/l/OP3UG0LJOCJL/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/l/OP3UG0LJOCJL/ref=smi_ext_lnk_lcl_cl)
- Attend the “Virtual” It Takes a Village Breakfast on May 7th at 9AM. To RSVP and receive the link please email: [events@impowerfl.org](mailto:events@impowerfl.org).
- Make a card or send a handwritten note of “Impowerment ” to youth in residential programs. Like the rest of us they are quarantined and life is very different. But, unlike most of us, they aren’t with their families or don’t have support systems to help them through this time. A note of cheer can make all the difference and remind them we’re all in this together! You can mail them to 111 W Magnolia Avenue, Longwood, FL 32750.

For more information or to make a donation, please visit: [www.impowerfl.org](http://www.impowerfl.org) or contact [info@impowerfl.org](mailto:info@impowerfl.org).

## **Embrace Families**

Embrace Families is gathering supplies for distribution to young adults who turned 18 while in foster care. Many of these young people do not have sufficient support systems and rely on Embrace Families. Many families involved with child welfare or prevention services have experienced job loss or reduced hours due to COVID-19, compounding existing safety issues.

You can contribute in two ways:

1. Your monetary donation will purchase grocery gift cards or help procure the supplies needed.  
<https://cbccfl.ejoinme.org/MyEvents/YouMatterCarePackages/tabid/1141230/Default.aspx>
2. You can also help with individual care package items. Things like snacks, puzzles, cleaning supplies, even toilet paper (when it’s available!) Click here to help with care

packages.

[https://smile.amazon.com/hz/charitylist/l/1KDKVLKRBGIP/ref=smi\\_cl\\_wl\\_rd\\_cl](https://smile.amazon.com/hz/charitylist/l/1KDKVLKRBGIP/ref=smi_cl_wl_rd_cl)

### **Seminole County Public Schools**

SCPS is asking for food donations to help stock its food pantries for students and their families. Individuals and organizations can drop-off donations to each individual school's Front Office.

*Please call ahead to inform the school that you will be making a delivery!*

Drop-off times are from 9 a.m. - 3 p.m.

- Here is the Food Drive Shopping List:  
<https://www.scps.k12.fl.us/core/fileparse.php/1426/urlt/Food-Drive-Shopping-List.pdf>
- Here is the list of schools and drop-off locations: <http://foundationscps.org/wp-content/uploads/2020/03/SCPS-Schools-in-Need-of-Food-Pantry-Items-3.18.2020-v2.pdf>
- In addition, the Foundation for Seminole County Public Schools is accepting donations for its Families in Need program, which assists the most-vulnerable and fragile students and families.
- [Click Here to Donate.](#)

### **Harvest Time International - Sanford**

Harvest Time's Community Hope Centers remain open with adjusted hours to serve those in need in our community. For a full list of product donations needed, visit:

<https://www.harvesttime.org/donate.html>

### **Hope Helps Inc. - Oviedo**

HOPE Helps Inc. - Located in Oviedo with the mission of preventing homelessness in all of Seminole County, HOPE appreciates financial donations to help provide rent and utility assistance for families in crisis, as well as food donations for our pantry and clothing/household items for our thrift store, The HOPE Chest. Volunteer opportunities are also available. Learn more at [www.hopehelps.org](http://www.hopehelps.org) or follow them on Facebook at [www.facebook.com/HOPEHelpsInc](https://www.facebook.com/HOPEHelpsInc).

### **The Sharing Center - Longwood**

Join The Sharing Center's Virtual Pantry Drive and help stock the pantry with urgently needed food, cleaning supplies, and other essentials.

<https://secure.ggiv.com/event/virtualpantrydrive/store/>