



Strong, Prepared And Ready for Kindergarten

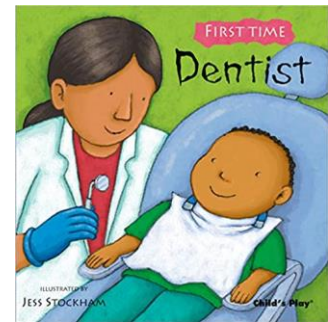
For More Information:

www.sparkaurora.org

630.896.4636

An Education Initiative of the Fox Valley United Way

Book of the Month



February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Talk: What happens when you visit a dentist	2	3
4	5 Read: "Dentist" by Jess Stockham and discuss the pictures	6	7 Play: Pretend to be a dentist for dolls or stuffed animals	8	9 Move: Go outside and dance on the sidewalk to use your big muscles	10
11	12	13 Explore: Look for a new recipe to cook with your child	14	15 Talk: About keeping teeth clean with your child	16	17
18	19 Read: Look around town for a Little Free Library	20	21 Play: Try these slime recipes that use baking soda	22	23 Move: Have your child help with household chores like sweeping or shoveling snow	24
25	26	27 Explore: the sparkaurora.org website for virtual activities for your kids	28	Make a dental appointment for your child today! Visit VNA Healthcare at 400 N. Highland in Aurora. Click here for information		

February is National Dental Health Month!

Click [here](#) for important information and tips on keeping your child's teeth healthy