



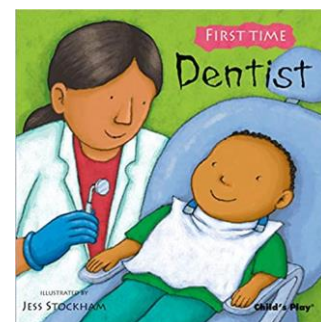
For More Information:

www.sparkaurora.org

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An Education Initiative of the Fox Valley United Way

Book of the Month



February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Talk: What happens when you visit a dentist	3	4 Read: "Dentist" by Jess Stockham and discuss the pictures	5	6
7	8 Play: Pretend to be a dentist for dolls or stuffed animals	9	10 Move: Go outside and dance on the sidewalk to use your big muscles	11	12 Explore: Look for a new recipe to cook with your child	13
14	15	16 Talk: About keeping teeth clean with your child	17	18 Read: Look around town for a Little Free Library	19	20
21	22 Play: Try these slime recipes that use baking soda	23	24 Move: Have your child help with household chores like sweeping or shoveling snow	25	26 Explore: the sparkaurora.org website for virtual activities for your kids	27
28				Make a dental appointment for your child today! Visit VNA Healthcare at 400 N. Highland in Aurora. Click here for information		

February is National Dental Health Month!

Click [here](#) for important information and tips on keeping your child's teeth healthy