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Fun Facts about Dr. John

By Dr. Pam McCaskill



1. John brings me coffee right to my bedside every morning to start my day (probably survival for him!)

2. John played lead guitar in a rock-in-roll band.

3. His ancestors founded Talisker whiskey distillery on the Island of Skye in Scotland and he owns a small piece of land in Isla, Scotland.

4. John has trained Cobi (our office service dog) to run laps on command around the house for exercise every day.

5. John lived and worked in a residential treatment program for troubled teens for 5 years before starting graduate school.

6. Mexican and barbecue are his favorite foods (of course, he was born and raised in Texas!)

7. John has over 50 music playlists he has created for events and people he loves.

8. He has a black belt in karate and has been studying martial arts for 40 years!

9. John literally saved my mom's life using the Heimlich maneuver at a restaurant.

10. He once tried to start a fight with a rattle snake while hiking down a mountain.

