

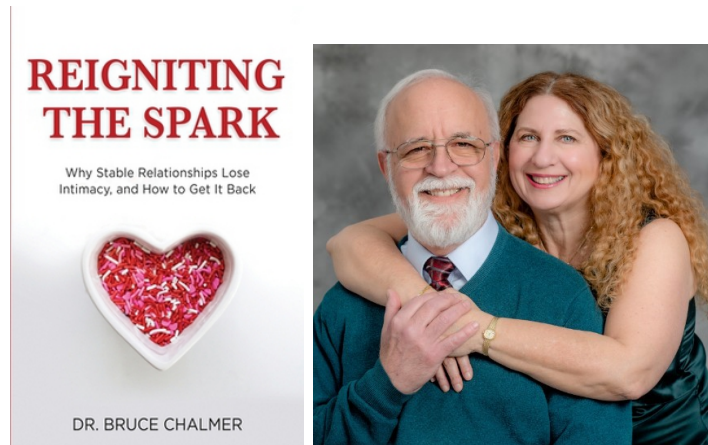
LUNCH & LEARN

In November Garrison Nelson, Professor Emeritus of Political Science, spoke about the aftermath of the recent presidential election, and in December we took a look at several Jewish artists of the Weimar Republic in a presentation by Natalie Neuert, Director of the UVM Lane Series. Watch for a return engagement with Natalie to discuss the works of Stefan Zweig. Both programs were well attended and enjoyed over the Thursday noon hours.

Upcoming programs:

Thursday, January 21 Bruce Chalmer and Judy Alexander present *Be Kind, Don't Panic, and Have Faith: Couples Therapy in Seven Words*

Bruce, a psychologist and couples therapist, and Judy, the education director at Temple Sinai, are co-hosts of the podcast "Couples Therapy in Seven Words." They'll talk about the seven words – especially the part about faith – and how the formula can guide us not only in couple relationships, but also in healing the nation. And they'll put in a plug for Bruce's book that is based on the formula "Reigniting the Spark: Why Relationships Lose Intimacy, and How to Get It Back."



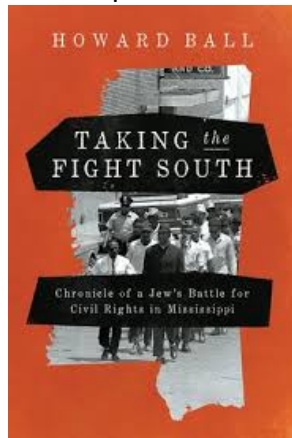
For the podcast: <https://couplestherapyinsevenwords.podbean.com>

For the book: <https://www.amazon.com/Reigniting-Spark-Stable-Relationships-Intimacy/dp/B084G8B3Y8/>

Thursday, February 18 Howard Ball introduces us to his new book, *Taking the Fight South: Chronicle of a Jew's Battle for Civil Rights in Mississippi*

Howard is Professor Emeritus of Political Science at UVM. He specializes in civil liberties, civil rights, constitutional law, and American government, and is the author or co-author of over 30 books. With breathtaking historical authority he narrates the experience of his family from 1976 to 1982 as Jewish outsiders in Mississippi, where Howard had received a tenured position at Mississippi State University. In the aftermath of the civil rights struggle, he, his wife and three daughters endured name-calling and receiving terrifying messages and life-threatening calls from the KKK in the middle of the night. Howard's book provides a timely and telling reminder of the vigilance democracy requires if racial justice is to be fully realized.

The Adult Education Committee will schedule a two-part series featuring Howard Ball as a follow-up to this Lunch & Learn in the spring.



You can order this book from Notre Dame Press by phone at: 800-848-6224 or online at <https://undpress.nd.edu/books/?keyword=taking+the+fight+south>. Use the family and friends discount code: 14FF20 to get a 20% discount from the publisher.

To join Lunch & Learn, go to www.ohavizedek.org and click on weekly "Upcoming Events."