

Adult Education

Adult Education continues to offer learning opportunities via Zoom. You may have attended Nathaniel Lew's excellent two-part class on Israeli professional classical and children's choirs, or Professor Robert Schine's class on "Lamentation." Lynda Siegel began her five-part book discussion series *Here All Along*, by Sarah Hurwitz, about finding meaning in Judaism. Rabbi Amy continues to offer her iEngage class about modern Israel, with materials from the Hartman Institute. Contact her if you would like to join this class on Sunday afternoons from 1:00 -3:00.

Keep an eye out for a series of learning opportunities about racism, geared to raise our awareness, learn where racism comes from, what it looks like, its impact on all of us, and how we can strive to be anti-racists. We are working with the Social Action Committee and others on these opportunities. Some examples are:

- Look for the new list of books and other resources on racism on the OZ website
- Contact Sarah Glassman if you want to create and add your sign to the front lawn to support anti-racism, social justice and valuing all people
- Plan to join a facilitated discussion with others in VT on the book *The Hate U Give* by Angie Thomas. VT Humanities Council accepted the proposal from Ohavi Zedek with Vermont Interfaith Action and Rights and Democracy to support this work. This allows us to train facilitators, offer the book for free, offer a number of different discussion times, and offer bystander training.
- For a deeper dive, read *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies* by Reesma Menakem. Jory Hearst will be facilitating a two-part discussion of the book, Oct 13 and 27 in the evening. She can also help you buy a copy of the book. See the OZ website and weekly announcements for how to sign up and request a book to purchase.
- Look for a series of in-depth discussions on being an anti-racist with Good Shepherd Lutheran Church.
- The Ohavi Zedek Social Action Committee and Adult Education will be creating a committed group that meets for a series of reflective discussions and learning about racism and anti-racism work in our community and congregation, leading to action.

Information about all these opportunities will be posted in the weekly announcements and the OZ website list of activities.

Finally, we are looking to add one or two more people to our wonderful Adult Education Committee. We meet monthly (by Zoom). If you are interested in adult learning, thinking of new learning opportunities, connecting with others, or finding teachers, you would enjoy this! Please contact Nancy Sugarman (vze20n9j@gmail.com) to learn more.

~ Nancy Sugarman
Chair, Adult Education Committee