



# Connections

November/December 2025

## Grantee Profile:

### Community Recovery Alliance Women's Recovery Group

*In 2025, Hestia awarded a \$2,000 grant to the [Community Recovery Alliance](#) to support its Women's Recovery Groups. This is the first time we've supported this organization. Hestia's Grant Committee found its mission and services for women very compelling.*



At Community Recovery Alliance (CRA), recovery takes many forms—and it's not just for those facing substance use challenges directly. Many of the women who walk through their doors come seeking support as family members, friends, or loved ones of someone on their own recovery journey.

One woman, S, first came to CRA looking for understanding and connection as a family member of a person starting their recovery journey. She sought to better understand her partner's experiences. Through the whole women's recovery series and individual coaching sessions, she found a safe space to share her experiences, learn from others, and begin her own path of growth and healing. Today, she's excited to join the new Winter Women's Group to continue building her community of like-minded individuals.

Executive Director Caitlin stated, "We're all in recovery from something—and even if our stories look different, we can relate to each other on so many levels. Through programs like the women's group, CRA helps women support one another, discover their own resilience, and strengthen the recovery community as a whole."