

Cape May Court House-Based Volunteers in Medicine Wins Award to Address Mental Health Needs

Community Routes: Access to Mental Healthcare, a partnership between Direct Relief, the National Association of Free and Charitable Clinics, and Teva Pharmaceuticals, provides awards to support clinics expanding access to mental health services across three states

Indianapolis, IN – October 25, 2022 – Volunteers in Medicine (VIM) was honored by [Teva Pharmaceuticals](#), the [National Association of Free and Charitable Clinics](#) (NAFC) and [Direct Relief](#) at the NAFC 2022 Charitable Health Care Symposium in Indianapolis, IN.

VIM was among 11 free and charitable clinics across California, Florida, and New Jersey that earned a \$75,000 award to address mental health needs through [Community Routes: Access to Mental Health Care](#).

The grant awardees were selected for their innovative and practical approaches to mental health care, which include efforts to expand healthcare access for underserved and vulnerable patients experiencing mental and behavioral health issues, with a focus on depression and anxiety.

VIM was recognized for a new program called Closing Gaps in Care that implements a depression screening protocol with a robust workflow to ensure appropriate treatment and follow-up care. VIM will also organize and host a Free Day of Care on Friday February 10, 2023 at the Wildwood Convention Center to expand their reach in the community and promote awareness of area resources.

“The free and charitable clinics chosen for this initiative are already providing outstanding care in their communities, and this funding, generously provided by Teva, will allow them to do even more, by expanding life-saving mental health care to those who need it most,” said Thomas Tighe, CEO and President of Direct Relief.

In addition to funding, Teva is making a broad portfolio of generic mental health medications available on a charitable basis.

“Teva is proud to partner with Direct Relief and the National Association of Free and Charitable Clinics on Community Routes: Access to Mental Health Care, a novel health equity initiative aiming to expand access to healthcare services for underserved populations,” added Dr. Sven Dethlefs, Executive Vice President, North America Commercial. “At Teva, we know how critical it is to enable access to medicines that help improve people’s lives and look forward to seeing how these local clinics create or expand needed programs that drive real impact for patients.”

Anxiety and depression disorders affect more than 40 million adults in the U.S. annually. Additionally, 84 percent of physicians reported an increase in new diagnoses of mental health conditions since the pandemic began, especially among racial and ethnic minorities and lower-income households, according to a recent nationwide survey by the Morehouse School of Medicine and Teva Pharmaceuticals.

“Through this program, clinics will be able to enhance and expand access to crucial mental health services for their communities,” said Nicole Lamoureux, President and CEO of NAFC. “The NAFC is grateful that Direct Relief and Teva Pharmaceuticals not only recognize the barriers to care communities often face and the importance of mental health care, but that they also are taking steps to join with the NAFC and support our clinics on the ground to provide solutions and increased access to care.”

About Volunteers in Medicine

Now in its twentieth year of providing free care to the uninsured in Cape May County, VIM’s team of almost 100 volunteers focus on primary health care, emphasizing disease prevention, health promotion, and patient education in easily accessible facilities with the same dignity and confidentiality afforded in the private sector. VIM, with the support of the medical community and community at large is able to address the health and well-being of patients; stabilize chronic conditions; help contain infectious disease; and, reduce public healthcare costs by reducing reliance on emergency rooms in local hospitals. For more information, visit www.vimsj.org.

About Direct Relief

A humanitarian organization committed to improving the health and lives of people affected by poverty and emergencies, Direct Relief delivers lifesaving medical resources throughout the U.S. and world to communities in need—without regard to politics, religion, or ability to pay. For more information, visit <https://www.DirectRelief.org>.

About National Association of Free and Charitable Clinics

National Association of Free and Charitable Clinics (NAFC) is the only nonprofit 501c (3) organization whose mission is solely focused on the issues and needs of the medically underserved throughout the nation and the more than 1,400 Free and Charitable Clinics that serve them. The NAFC has earned the Platinum Seal of Transparency from GuideStar and a 4-star rating from Charity Navigator. Founded in 2001 and headquartered near Washington, D.C., the NAFC is working to ensure that the medically underserved have access to affordable quality health care and strives to be a national voice promoting quality health care for all. For more information about the NAFC, please visit www.nafcclinics.org.

About Teva

Teva Pharmaceutical Industries Ltd. (NYSE and TASE: TEVA) has been developing and producing medicines to improve people’s lives for more than a century. We are a global leader in generic, biosimilar and specialty medicines with a portfolio consisting of over 3,500 products in nearly every therapeutic area. Around 200 million people around the world take a Teva medicine every day, and are served by one of the largest and most complex supply chains in the pharmaceutical

industry. Along with our established presence in generics, we have significant innovative research and operations supporting our growing portfolio of specialty and biopharmaceutical products. Learn more at www.tevapharm.com.

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