

## ProMedica Fostoria Community Hospital

# FEBRUARY 2018 COMMUNITY EDUCATION CALENDAR

At ProMedica Fostoria Community Hospital, we're committed to offering programs and health screenings for the benefit of your health. Please take a moment to review our list of offerings. For more information, please call ProMedica Wellness at 419-436-6688.

Event	Date/Time	Location	Description/Cost
Health Insurance Marketplace Information and Assistance	By appointment		Answer your questions about the Health Insurance Marketplace, learn the benefits of enrolling in health insurance and meet with a certified application counselor who can help you enroll in a plan online through the healthcare.gov website. To learn more please call 419-435-7734 Ext. 387 or email <a href="mailto:meg.farmer@promedica.org">meg.farmer@promedica.org</a> .
Scale Down® Weight Loss Information	By appointment		The Scale Down® weight loss program features personal coaching by a health care professional and a healthy, structured diet plan. For more information please call ProMedica Wellness at 419-436-6688.
Tobacco Cessation	By appointment		If you are interested in quitting tobacco, you can meet one-on-one with a tobacco treatment specialist. For more information call ProMedica Wellness at 419-436-6688.
Fostoria Hospital Gift Shop	Mon. – Fri. 10 a.m. – 6 p.m. Sat. 1 – 3:30 p.m.	Entrance 2	The Fostoria Hospital Gift Shop is run by volunteers, and all proceeds benefit the Hospital Auxiliary. Stop by today to see our fantastic selection of <ul style="list-style-type: none"> <li>• Dietsch Brothers Candy</li> <li>• Crossroads Candles</li> <li>• Stephanie Dawn Handbags</li> <li>• Bereavement Items</li> <li>• Carruth Studio Items</li> <li>• Ohio State and Michigan Merchandise</li> <li>• And Much More!</li> </ul>
The 14 <sup>th</sup> Annual Fostoria Red Dress Luncheon: Wild at Heart	Fri., Feb. 2 Noon	St. Wendelin Parish Life Center 323 N. Wood St. Fostoria	Luncheon celebrating the American Heart Association's call for women to take charge of their heart health. Featuring Sashem Brey, 13 ABC – WTVG TV news anchor, New Riegel High School Jacket Company and celebrity waiters. The cost is \$12 per person, payable in advance. To register or for more information, please call 419-436-6688.