

Contact: Andrew Kersten
Cell: 419-276-1240
Website: promedica.org

ProMedica Total Rehab Now Offers Pelvic Health Therapy in Fostoria

FOSTORIA, Ohio, February 8, 2023 – ProMedica is excited to announce it is now offering pelvic health therapy to the community.

Pelvic health therapy is offered by Stephanie Hershey, a ProMedica occupational therapist, and includes treatment and rehabilitation due to chronic pelvic pain and pelvic floor disorders, such as urinary or fecal incontinence, overactive bladder, sexual pain or dysfunction, chronic pelvic pain, menopause symptoms and pelvic organ prolapse. All the assessments and interventions are designed specifically for pelvic health issues.

“After learning about individuals with pelvic health problems and the vital role that occupational therapy can bring to this underserved population, I knew that this was an area I wanted to work in. I hope to improve a patient’s quality of life by providing holistic treatments to fit each patient’s unique needs,” says Stephanie Hershey, MS, OTR/L.

Pelvic health therapy is offered in ProMedica Total Rehab at 455 W. Fourth St. A referral is required. For more information, please call 419-436-8320.

ProMedica is a mission-based, not-for-profit health and well-being organization headquartered in Toledo, Ohio. It serves communities in 28 states. The organization offers acute and ambulatory care, an insurance company with a dental plan, and post-acute and academic business lines. The organization has more than 43,000 employees, 12 hospitals, 2,500+ physicians and advanced practice providers with privileges, 1,000+ healthcare providers employed by ProMedica Physicians, a health plan, and 335+ assisted living facilities, skilled nursing centers, memory care communities, outpatient rehabilitation clinics, and hospice, palliative and home health care agencies. Driven by its Mission to improve your health and well-being, ProMedica has been nationally recognized for its advocacy programs and efforts to address social determinants of health. For more information about ProMedica, please visit promedica.org/aboutus.

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