

gratitude

November 2019

WELLSHIRE FAMILIES



PRAYER

Implement this faith practice two times per week this month.

Say, *"There are so many things for which we can be thankful: the air we breath, the home we live in, the clothes we wear [or insert your own]. Let's each take a moment and draw or write down five things we are thankful for and we will share them.*

After a time for reflection and sharing, close by saying, *"God, we are thankful for all of these blessing, Amen."*

MARK YOUR CALENDAR

November 8	Parents' Night Out (6:00—9:00)
November 10	Children's Sabbath
November 17	Club 45 meets (4:00 pm – 5:00 pm)
November 22	Family ADVENT-ure (6:00 pm)
November 24	Thanksgiving service

FAITH CONVERSATION CHALLENGE

It is never to early to begin having faith conversations with your children. Speak of love and share with your children everyone who loves them, including God. Say prayers. Read Bible stories. Share what you are thankful for.

FAITH CONVERSATION NOVEMBER

Discuss these questions this month:

- ◆ Did you say 'thank you' today? If so, who did you say thank you to and why?
- ◆ What felt like a gift today in your life?
- ◆ What are you grateful for right now?

DID YOU KNOW?

Wellshire will celebrate Thanksgiving this year with a worship service filled with special music on November 24 at 9:00 and 11:00 am.

FAMILY/PARENTING RESOURCES

TOPIC: GRATITUDE

*O give thanks to the Lord, for he is good;
his steadfast love endures forever.*

—Psalm 118:1

GRATEFUL, GOD'S ABUNDANCE

God has provided enough and is sufficient in all things. Acknowledging God's abundance as a faith practice reminds us of God's generosity and eternal presence.

WHY?

Gratitude is hard! Gratitude is a habit that must be cultivated. Making a connection between our faith in God's sufficiency and

the blessings in our lives, especially in a culture that constantly tells us we are not enough and don't have enough, will help our families grow in gratitude and faith.

BUT HOW?

Look for, and speak of, the sacred in everyday moments: changing diapers, laughter, enjoying a meal, and being together. To begin, try and find five sacred moments a day and stop and thank God for them, let those around you hear your praise.

Thank God when you say your prayers. Let your children include their prayers (and don't correct them, children are naturals at gratitude).

SUNDAY SCHOOL FOCUS

In Sunday school in November we learn of the Israelites return to Jerusalem and the rebuilding of the temple. The stories remind us that God is faithful.

FAMILY ADVENT-URE 2019

Join other Wellshire families on Friday, November 22 at 6:00 pm in the Fellowship Hall to share in gratitude practices and prepare for Advent. Enjoy dinner, fellowship mission projects, and activities.

Advent is a time of preparation for the birth of Jesus. ADVENT-ure will start the process of finding the holy in the midst of the busyness of Advent. Where do you see Jesus in your December plans?

CONTACT INFO

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FAITH CONVERSATION CHALLENGE



By checking the box for the month, track below that you have completed your monthly faith conversation and bring your completed page to Kendal in December and May for a prize for your family.

JANUARY—MAY FAITH CONVERSATIONS

- January
- February
- March
- April
- May

FAMILY NAME _____

SEPTEMBER—DECEMBER FAITH CONVERSATIONS

- September—Love
- October—Meals
- November—Gratitude
- December

FAMILY NAME: _____